

Oncology Study Group

COURSE SYLLABUS

2020

Course Facilitator: Samantha Scime

Course Offering: de Souza Institute

Course Format: eLearning and Workshop

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Registration: Required

A. COURSE DESCRIPTION

The de Souza Oncology Study Group is a preparatory program to assist independent adult learners preparing to write the CNA Oncology Certification Exam. By choosing to complete your oncology specialty certification, you are building on your foundational nursing knowledge from registration and on your clinical experience within oncology (CNA, 2013). Within this course you will examine, critically consider and apply the theories and concepts outlined in the CNA Oncology exam blueprint. The exam blueprint outlines the core oncology competencies of an oncology nurse with at least two years of experience in the specialty.

The course is self-directed and self-paced. It has been divided up into units based on the CNA oncology certification exam competencies. The CNA (2013) competency categories are as follows:

- 1. Prevention, Early Detection and Screening
- 2. Diagnosis and Staging of Cancer
- 3. Knowledge of Cancer Diseases
- 4. Treatment Modalities
- 5. Symptom and Treatment Management
- 6. Supportive Care
- 7. Continuity of Care
- 8. Ethics, Legal Obligations and Research

Unit content and activities will be weighted according to the CNA exam competency weighting – with a greater focus on competency areas three, four, and five. Participants are encouraged to self-pace their study time, based on their experience, knowledge gaps, and based on exam weighting of the content area.

B. COURSE OBJECTIVES

By the end of this course, you will be able to:

- Identify prevention, early detection and screening strategies, with consideration given to epidemiological data, risk factors for cancer and assessments related to risk factors, and genetic testing
- Describe and differentiate between the clinical presentation, risk factors, prognostic factors, diagnosis and staging, standards of treatment, and patient care for common and less common cancer diseases in adults
- Describe and differentiate between the clinical presentation, risk factors, prognostic factors, and standards of treatment for common cancer diseases in children
- Identify the common side effects, interventions, patient education and components of oncology nursing care for common cancer treatment modalities
- Describe the clinical presentation, risk factors and interventions for common oncology emergencies
- Describe the etiology of common disease and treatment related side effects, and outline assessment, preventative care, and symptom management strategies

- Identify, articulate and strategize the best approach for nursing care for the supportive care domains
- Articulate the ethical and legal obligations in the care of the patient impacted by cancer
- Describe the role of research in oncology practice, including the ethical principles guiding research, role of clinical trials and phases, and the role of the oncology nurse in clinical trials and research.

C. MODE OF LEARNING

The main mechanisms to facilitate learning in this course will entail eLearning and a workshop. The workshop is modifiable to be run locally by an expert volunteer who has their oncology certification (CON(C)).

eLearning

eLearning, offered through the de Souza eLearning center, will cover the following activities: the application of knowledge, self-directed reading assignments, and discussion forum participation. The eLearning environment fosters a self-directed approach for participants to progress through the units at a convenient time, either at home or work. The course timetable in Section H of the course syllabus outlines weekly expectations for participants.

- <u>Learning and application</u>: Units have been developed by de Souza education team to reflect the knowledge required to be successful on the CNA certification exam. The learning format is self-directed. Each unit will take approximately 20 - 40 minutes to complete, in addition to pre-reading from the assigned text and virtual library. Each unit consists of interactive activities, resources, a multiple choice quiz and additional supplemental readings.
- <u>Readings</u> are provided to address each of the CNA oncology competencies and should be utilized with the eLearning unit activities
- <u>Discussion forum</u> via the eLearning platform is intended to engage all participants enrolled in the course. This is a form of learning that really depends on the active participation of the group. Online discussions regarding module content, readings or activities will enhance knowledge acquisition, understanding, and sharing. Note: Participating in the discussion forum is optional.
- Technical support will be provided throughout the course.

Workshop:

The symposium will be held to facilitate targeted review of the CNA competencies for the exam. This ½ day workshop will be available via webcasting, or locally, led by a volunteer expert. The competencies selected for review in the workshop will be based on the study group participants' knowledge gaps identified in the pre-study group knowledge testing, and based on participants' initial areas of lower confidence in practice. In addition, participants will have the opportunity to write a mock exam during the week of the symposium via eLearning. The mock exam will allow participants to test their knowledge and identify core priorities for future study based on mock exam feedback.

You must register to attend this event separately. Workshop registration details and link will be posted in the course News and Announcement Section of the course by mid-August 2019.

D. MODES OF EVALUATION

As part of the evaluation process, you are required to complete the following:

- A baseline evaluation: this survey assesses your knowledge, attitude, and confidence with the content before you begin the eLearning modules for the course.
- eLearning units, required readings, activities and quizzes. The grades for each activity
 and quizzes will not influence whether a participant will receive a study group completion
 certificate in your My Account. However, all activities and quizzes must have been
 attempted at least once to receive the certificate of completion. Grades in quizzes can
 be used to guide your studying.
- Midterm evaluation: this survey helps to guide course enhancements. It must be completed by participants if they wish to attend the symposium.
- Post evaluation: At the end of the course, you will be required to complete a post course evaluation. This will be facilitated electronically through eLearning.

When you have met the all the above requirements, you will receive a downloadable certificate of completion via your My Account. Please note: the certificate of completion will be available four weeks after the closing of the online course.

E. COMPETENCIES

The course competencies are based on the above CNA Oncology Certification Exam Competencies. The competencies are meant to be met at the level of a competent oncology nurse with at least <u>two years</u> of experience. Some of the competencies lend themselves to one or more of the categories.

See Appendix A for Summary Chart of the CNA Oncology Nursing Certification Exam Development Guidelines.

F. TIME REQUIREMENT AND EXPECTATIONS FOR PARTICIPANTS

To be successful in completing this course, you are encouraged to set aside 3 to 4 hours each week to complete each section as learning is primarily self-directed. The total learning hours for this course is 27 hours.

Units do not need to be completed sequentially; participants can choose to go ahead and complete unit learning activities.

Your course activity completion will be reflected in your grade book. Evidence of engagement through active participation will result in a positive learning experience. You will be expected to <u>complete all sections/ modules</u> through the eLearning system. It is strongly recommended for participants not to plan a vacation during the course offering period.

Required Readings and Activities

Readings are included with for each unit. Additional activities, quizzes and discussions are included to augment the readings. The recommended text is based on the CNA exam blueprint

text recommendations. Virtual Library readings are recommended in areas where the text book does not fully cover the exam content.

Yarbro, C. H., Wujcik, D., & Gobel, B.H. (2011). *Cancer nursing principles and practice* (7th ed.). Boston, MA: Jones and Bartlett Publishers. *If you have an older or the latest version* (8th) *you may use that text*.

The Cancer Nursing text book is available via de Souza Institute's Virtual Library. If you would like a hard copy, it can also be purchased at many university book stores as well.

Langhorne, M. E., Fulton, J. S., & Otto, S. E. (2007). Oncology nursing (5th ed.). St. Louis, MO: Mosby.

The Oncology Nursing text book is purchasable at many university book stores and also online.

Additional Supplemental Readings – Virtual library

Each unit will have additional supplemental readings from the virtual library that you may choose to include in your learning. These reading have been selected by the facilitator to enrich your learning experience and may be incorporated on a self-directed basis.

G. FACILITATOR AVAILABILITY

As the facilitator for this course, I will be responsible to answer questions related to course content, to monitor the registration process, to facilitate the eLearning modules, and be available to you for questions throughout the course. You can expect me to respond to your queries within a 48-hour time period during the week. Technical support is available by contacting support@desouzainstitute.com.

H. COURSE TIMELINE

The baseline participant survey must be completed first. Next, the Test Your Oncology Knowledge Across the Continuum Quiz must be completed. Course units, activities, and quizzes can be completed in any order that you prefer. We have a recommended timeline listed below.

The course schedule is divided over 18 weeks

| Unit | Topic | Date to complete |
|-----------------|--|---|
| Introduction | eLearning Center Orientation | End of 1st week of the course |
| | Baseline Participant Survey | End of 1st week of the course |
| Getting Started | Test Your Oncology Knowledge Quiz | End of 1st week of the course |
| 1 | Introduction to Cancer | End of 1st week of the course |
| | Oncology Research and Ethical and Legal Obligations | End of 1 st week of the course |
| 3 | Systemic Therapy | End of 2 nd week of the course |
| 4 | Radiation Therapy | End of 2 nd week of the course |

| 5 | Surgery | End of 3 rd week of the course | | |
|--------------|---|--|--|--|
| 6 | Hematopoietic Stem Cell Transplant | End of 3 rd week of the course | | |
| 7 | Complementary Health Approaches and | End of 4 th week of the course | | |
| | Integrative Health | | | |
| 8 | Pediatric Oncology | End of 4 th week of the course | | |
| 9 | Oncology Emergencies | End of 5 th week of the course | | |
| 10 | Lung Cancer | End of 6 th week of the course | | |
| 11 | Head and Neck Cancer | End of 6 th week of the course | | |
| 12 | Leukemia | End of 7 th week of the course | | |
| 13 | Myeloma | End of 7 th week of the course | | |
| 14 | Lymphoma | End of 8 th week of the course | | |
| 15 | Malignant Melanoma | End of 8 th week of the course | | |
| 16 | Colorectal Cancer | End of 9 th week of the course | | |
| 17 | Gastrointestinal Cancer | End of 10 th week of the course | | |
| 18 | Prostate Cancer | End of 10 th week of the course | | |
| 19 | Genitourinary Cancer | End of 11th week of the course | | |
| 20 | Brain and Central Nervous System Cancers End of 11th week | | | |
| 21 | Breast Cancer | End of 12 th week of the course | | |
| 22 | Gynecological Cancer | End of 12 th week of the course | | |
| 23 | Side Effects and Symptom Management | End of 13 th week of the course | | |
| 24 | Palliative Care and End of Life | End of 14th week of the course | | |
| 25 | Rehabilitation and Survivorship | End of 14th week of the course | | |
| 26 | Supportive Care and Continuity | End of 14 th week of the course | | |
| 27 | Review – 2 weeks | End of 16 th week | | |
| Workshop | TBD | | | |
| Workshop Day | TBD | | | |
| Evaluation | | | | |
| Final | TBD | | | |
| Evaluation | | | | |

In order to receive a certificate of completion all course requirements must be met and successfully completed by TBD.

Additional Information Regarding Learning at de Souza Institute

A. GUIDELINES FOR ONLINE DISCUSSION

Discussion related to course content will take place in the collaborative discussion forums. The collaborative discussion forums provide you with the opportunity to share ideas and clarify your understanding of course content and readings. Your posting should fully articulate your thoughts on a given topic, it should also be concise. To avoid excessively long postings, try to keep your posting under 400 words in length. Try to avoid repetitive messages like "I agree with your posting" unless you are following them with additional information, new ideas or issues. Don't be afraid to disagree with your facilitator or peers as long as you phrase your thoughts respectfully. The idea is to stimulate a thoughtful dialogue, so we all need to take responsibility to both contribute to the discussion and keep it lively and on-going. Note: participating in the discussion forum is optional.

B. SOCIAL FORUM

This is social forum is provided for you, the participants, to post news, items of general interest, share information about yourselves and to raise topics of interest beyond the specific questions being discussed in the module-specific forums. All messages of a social nature can be posted in the social forum. This forum is open to all participants, including the facilitator.

C. VIRTUAL LIBRARY

The de Souza Institute has a virtual library that can be accessed to those registered in this course or any other de Souza Institute continuing education program. This resource enables you to access over 1500 e-Journals, 200 e-books and 8 on-line databases such as CINHAL or Ovid-Medline. You can use the virtual library to access the required reading materials for your course. The virtual library can be accessed 24 hours a day at any location that has internet access using a login and password.

The direct link is https://library.desouzainstitute.com.

D. TECHNICAL SUPPORT

eLearning Centre Orientation

If this is the first time you are taking a course offered by the de Souza Institute, please complete the eLearning Centre Orientation course (free of charge). This course is designed to introduce you to online learning and help you understand how to navigate through the de Souza Institute eLearning centre and courses. It is strongly recommended that you complete this orientation so you will be able to successfully navigate de Souza's eLearning environment.

de Souza Support

If you have questions about the content of a course, please email your course facilitator. If you need assistance accessing or navigating the eLearning Centre, please refer to the eLearning Orientation course. If you have questions or have any general technical difficulties please contact support@desouzainstitute.com.

E. POLICIES AND PROCEDURES

Click the links below to read de Souza Institute's Academic Honesty and Copyright; and cancellation, incomplete and no show policies.

Academic Honesty and Copyright Policy

Cancellations, Incomplete and No Show Policy

Course content and resources provided in this course are based on best practice guidelines from provincial and national bodies. Please consult your educator if you have specific questions related to local protocols and policies as they vary among healthcare organizations.

Appendix A

ONCOLOGY NURSING CERTIFICATION

Summary Chart Oncology Nursing Exam Development Guidelines

| STRUCTURAL VARIA | BLES | | |
|-------------------------------|---|--------|--|
| Examination Length and Format | Approximately 165 multiple choice questions | | |
| Question Presentation | 60-70% independent questions 30-40% case-based questions | | |
| The Cognitive Domain | Knowledge/Comprehension Application Critical Thinking | | 15-25% of questions 50-60% of questions 20-30% of questions |
| Competency Categories | Prevention, Early Detection and Screening Diagnosis and Staging of Cancer Knowledge of Cancer Diseases Treatment Modalities Symptom and Treatment Management Supportive Care Continuity of Care Ethics, Legal Obligations and Research | | 3-11% of the questions 2-10% of the questions 12-18% of the questions 20-27% of the questions 20-27% of the questions 12-18% of the questions 2-10% of the questions 3-11% of the questions |
| CONTEXTUAL VARIA | BLES | | |
| Age and Gender | Age Group | Males | Females |
| | Child & Adolescent (0-18 years old) | 2-5% | 2-5% |
| | Adult (19-64 years old) | 17-26% | 17-26% |
| | Older Adult (65+ years old) | 21-29% | 21-29% |
| Patient Culture | Questions are included that measure awareness, sensitivity and respect for different cultural values, beliefs and practices, without introducing stereotypes. | | |
| Patient Health Situation | In the development of the Oncology Examination, the patient is viewed holistically. The patient health situations presented also reflect a cross-section of health situations encountered by oncology nurses. | | |
| Health-Care Environment | It is recognized that oncology nursing is practised mainly in a hospital setting but that it can also be practised in a variety of other settings. The health-care environment is specified only where it is required for clarity or in order to provide guidance to the candidate. | | |

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