CHE SOUZO INSTITUTE

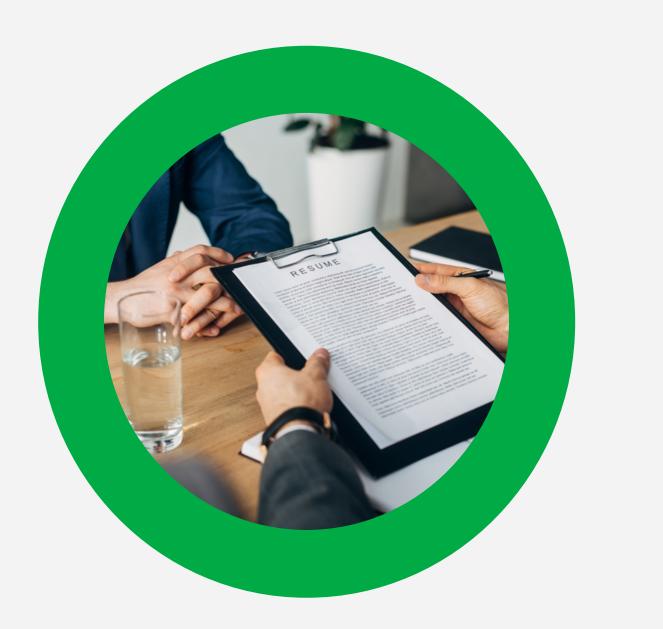
Quality continuing education for health care professionals

Oncology Nursing

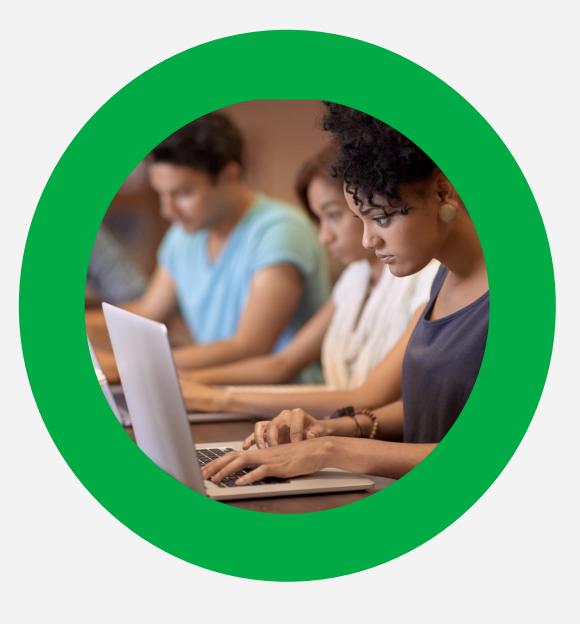
How to develop and excel in a career within oncology nursing

More Canadians than ever are living with cancer. As new and innovative screening, treatment, and prevention methods are becoming available, there are new hopes as well as challenges in cancer care. We need more nurses in the oncology specialty area who have the latest knowledge and skills to deliver high quality care.

Read on about how to prepare for lifelong career excellence in oncology nursing as we focus on the following areas for development:







Initial Application

Interview Preparation

Continuing Education

Crafting a quality resume and cover letter unique to your capabilities.

Tips for one of the most important aspects of the job application process.

Obtaining the confidence to provide quality care, and how de Souza can help.

A career in oncology is extremely rewarding. Cancer is a life threatening disease affecting our quality of life. **Oncology nurses are privileged to provide** care to patients and families and will walk with them on their cancer journeys every step of the way. Together, we can conquer cancer.

Initial Application

Creating an effective first impression in your job application

Applying to any nursing position means crafting a quality job application, which usually contains a resume/CV, cover letter, and sometimes letters of reference. To help you get your foot in the door, let's go over some key differences and tips for crafting a quality resume/CV and cover letter.

Resume vs. Curriculum Vitae (CV)

VS

Summary statement and career goals Work history Education Professional licenses or certifications Skills

Resume

Summary statement and career goals Work history Education Professional licenses or certifications Skills Research experience, etc.

CV

A resume is usually used for applying for jobs in nursing or administration

Cover Letters

Cover letters are similar to resumes but in full sentence and paragraph form. It should not be all repetition, but should follow the same style (i.e. contact information heading, font, etc.) and not be crowded with words.





NAME SURNAME

CONTACT

+123 456 7894 four Mail Goes Here

Your Site Goes Here

PROFILE

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EDUCATION

Your University Name Department | Your Degree Name 2011-2014

Your University Name Department | Your Degree Name 2011-2014

EXPERTISE

- O Requirements Analysis
- O Budgeting and Scheduling
- Procurement Management
- Team Management
- Stakeholder Management

CERTIFICATIONS

Professional Certification

Certifying Organization | 2016 Professional Certification

Certifying Organization | 2017

WORK EXPERIENCE

Your Job Title Company | Your Site Name

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Your Job Title

Company | Your Site Name

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Your Job Title Company | Your Site Name

Communication

Dependable

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SKILLS

- Market Research
- Decision Making
 O HTML
 - Web Design
- Conflict Resolution
 Java & Kotlin

Resumes are usually **TWO PAGES**

NAME SURNAME

Your Mail Goes Here

GRAPHIC DESIGNER

To Name Surname

Graphic Designer Phone: +123 456 7894 Mail: your mail goes here

Dear, Name

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Quis ipsum suspendisse ultrices gravida. Risus commodo viverrai maecenas accumsan lacus vel facilisis. Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et doloreonvelii magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi

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Sincerely Your name

> Cover letters should not be longer than **ONE PAGE**

CONTACT

+123 456 7894

Date : 18 April 2020

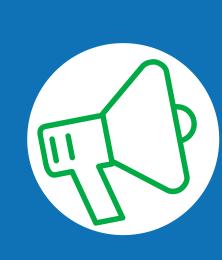
Resume and Cover Letter Tips



Use keywords found in the job posting to be recognized by electronic screenings.



Highlight your certifications and what you bring to the organization to stand out!



Be specific! Use quantifiable values in your experiences to show the impact you had.

Only include relevant things, no need for obvious skills the employer expects.



Proofread and print it out physicially to catch formatting mistakes, get a second reveiwer too!

Interview Preparation

Standing out after getting your foot in the door

After a successful job application, landing an interview is a great positive step! Interviews are arguably the most important part of the process, so it is crucial to ensure you are adequately prepared to demonstrate your skills and experiences.

Interview Checklist:



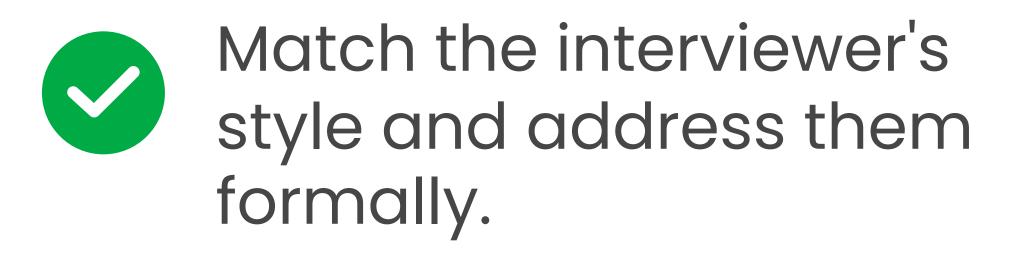
Arrive at least 10 minutes early.





Have good posture to oppear confident, avoid fidgeting!

Smile, maintain eye contact, and listen actively.



The best way to prepare is to think of common questions and practicing your answers!

It is okay to be nervous! Personalize your answers with your unique experiences and be confident about what you bring to the table. Start practicing with the following common questions:

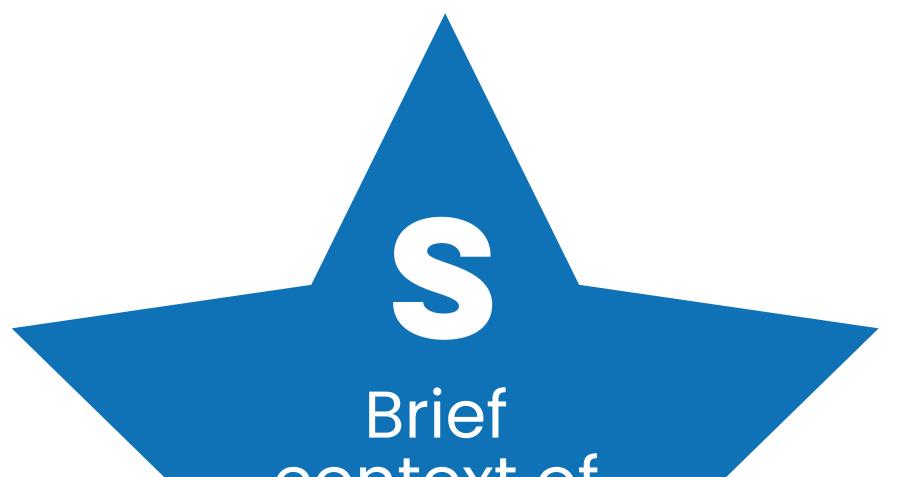
Tell me a bitTell me about a timeaboutyou worked in a groupyourself.and there were conflicts.

Why do you feel you will be successful in this work? What are your long and short-term goals?

Describe a situation where you persevered through a tough time.

What are your strengths and weaknesses?

> Use the STAR or PAWS methods to structure your answers.



context of situation

End results and what you learned STAR METHOD

Your role in the situation

Your step by step actions to deal with situation



Example:

"I was caring for a patient Mr. M, who spoke very minimal English and had a difficult time communicating his needs to the staff. He was often short tempered and frustrated.

I was his primary nurse for a week during my clinical rotation at school. I don't speak his language, so I requested help from an interpreter. I used simple words and spoke clearly, and most importantly took the time to try to communicate with him. I was able to build a therapeutic relationship with Mr. M within a few days. I found out through these communication methods that he had uncontrolled pain for the past two weeks. I quickly provided him with pain medication and alerted the doctor about his pain symptoms.

After successfully managing his pain, he no longer showed verbal aggression or frustration. I also communicated my experience to the health care team. It was a very rewarding experience and I learned a lot about the importance of communication."

AcademicWorkbackgroundexperience orandvolunteerdevelopmentroles

Professional memberships, etc.





Example:

"I'm a Registered Nurse and I graduated from the University of Toronto with a Bachelor of Science in Nursing in 2024.

I have experience in a variety of care settings from clinical rotations at school but I am most interested in oncology care, in which we had an 8 week full time practicum. I have also worked for 2 years on an internal medicine floor, where I cared for many cancer patients.

I have a strong passion for improving the quality of life of my patients. I am a fast learner and I can adapt in many different environments. I am able to manage and prioritize tasks between several patients at a time.

I enjoy working in a team with other health professionals and

learning from them to improve the care of my patients. My goal is to become a more specialized oncology nurse and further develop my career in this field."

> Make sure to end off thankful and enthusiastic. Always prepare a few questions to ask the interviewer to show interest and follow up regardless of the job application result.

Continuing Education

Lifelong career development and confidence

de Souza Institute at UHN was founded in 2008 to be a knowledge translation center for oncology nurses, offering high quality advanced education courses to improve career confidence in an ever-changing field. We support nurses' development through our recommended Learning Pathway, which oncology nurses can follow to excel in their career:

NEW TO CANCER CARE

Start of practice

Foundations in Oncology Nursing Practice course (FOND) (45 learning hours)

Workplace orientation/preceptorship/mentorship

Cancer disease site courses

(12.5 learning hours each)

Up to 6 months of practice

Education in Palliative Care course (EPCA)

LEVEL 1 ACHIEVED

If minimum of 60 learning hours reached.

(18 learning hours)

CONTINUING IN CANCER CARE

6-9 months of practiceCancer disease site courses(12.5 learning hours each)

9-12 months of practice

Provincial Standardized Chemotherapy and Biotherapy course (PSCB)

(35 learning hours)

- Nurses need vascular access device competence as a prerequisite
- Requires maintenance every 2 years for competency

LEVEL 2 ACHIEVED

If minimum of 110 total learning hours reached.

SPECIALITY IN CANCER CARE

1 year and beyond

de Souza continuously offers numerous courses (<u>check our course calendar</u>) to expand your knowledge and skillset. Some examples are:

Complex Malignant Hematology course (**CMHE** – 40 learning hours) for nurses in hematology

Advanced Pain Assessment and Management (APAM) (24 learning hours)

LEVEL 3 ACHIEVED

If minimum of 200 total learning hours and courses in all 4 domains taken. Guided by the standards of the **Canadian Association of Nurses in Oncology** (CANO/ACIO), de Souza courses fall under each of the four domains below. Click each heading to view what courses fall under that competency:

de Souza Domains of Competency

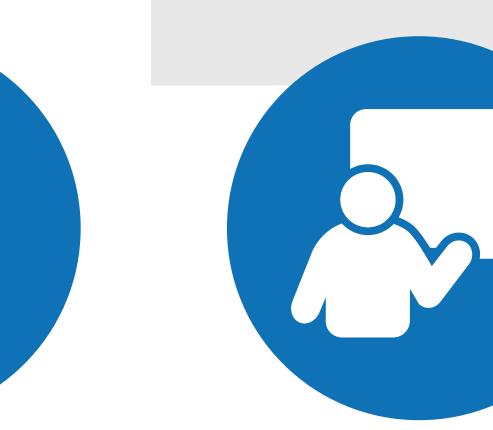
Treatment and	<u>Therapeutic</u>	Developing	<u>Patient</u>
Delivery of	<u>and</u>	Professional	<u>Teaching</u>
Evidence	<u>Supportive</u>	Practice and	<u>and</u>
Based Care	<u>Relationships</u>	Leadership	<u>Coaching</u>
Developing skills	Learning to engage	Developing critical	Preparing
and knowledge	in meaningful	thinking and	patients and

about cancer treatments and palliative care.

relationships with patients and their families. integrating best practice for effective changes.

families manage living with cancer.





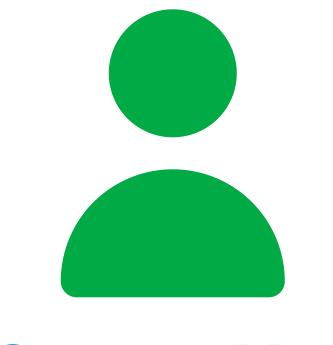
de Souza Institute is recognized as a leader and a centre of excellence in oncology continuing education. <u>de Souza</u>
<u>Designations</u> are awarded to oncology nurses who complete the requirements for any of the five pathways below at any stage of their careers, demonstrating nursing excellence.

de Souza Designations



de Souza Intern

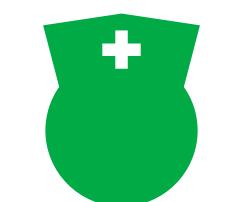
Nursing student



de Souza Nurse Associate

RN, RPN, LPN





RN



APN



de Souza Scholar

PhD or Post-Doctorate



The de Souza Institute has been supporting over 24,000 Health Care Professionals since 2008.

For questions, career advice, and more, please visit desouzainstitute.com or email our **Fducators** at info@desouzainstitute.com

Thank you for reading and for your dedication to oncology.

Connect with us!



