



Quality continuing education for health care professionals



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)UZC tute

## IN CANADA 44% Jack 43% of men of women will develop cancer in their lifetime

## About de Souza Institute



### **ABOUT US**

In 2008, the Ontario government funded de Souza Institute to support nurses that care for cancer patients and their families. In 2013, de Souza Institute expanded its mandate to include other health care professionals. Through de Souza Institute, health care professionals obtain the specialized skills to guide and help cancer patients throughout their journey (prevention, screening, diagnosis, treatment, survivorship and palliation).

### **MISSION**

To inspire and empower health care professionals to provide the best cancer and palliative care through education and mentorship.

## PARTNERSHIPS

de Souza Institute is pleased to work with various organizational partners to achieve their continuing education and professional development goals in cancer and palliative care.



## 20000+ HEALTH PROFESSIONALS



## 650000+ LEARNING HOURS



## WHAT IS A DE SOUZA DESIGNATION?

A de Souza Designation is awarded to a healthcare professional who has completed one of the de Souza Institute comprehensive learning pathways shown below. de Souza Designates are well-regarded health care professionals possessing strong clinical and leadership skills in oncology or palliative care. They have the up to date knowledge to deliver complex treatments, alleviate pain and other symptom related suffering and address psychosocial needs of patients and families.

|   | INTERN             | NURSE<br>ASSOCIATE    | NURSE                 | APN                   | SCHOLAR                   |
|---|--------------------|-----------------------|-----------------------|-----------------------|---------------------------|
| Education   | Nursing<br>student | RN, RPN, or<br>LPN    | RN                    | APN                   | PhD or Post-<br>Doctorate |
| Credits Required*                                     | 2.0                | 4.0                   | 4.0                   | 4.0                   |                           |
| Required Courses                                      | FOND               | CANB, FOND<br>or PSCB | CANB, FOND<br>or PSCB | CANB, FOND<br>or PSCB |                           |
| Registered with College<br>of Nurses                  |                    | $\checkmark$          | $\checkmark$          | $\checkmark$          | $\checkmark$              |
| Clinical Experience                                   | One<br>placement   | 1950 hours            | 1950 hours            | 1950 hours            |                           |
| Certified in Oncology or<br>Hospice Palliative Care** |                    |                       | $\checkmark$          | $\checkmark$          |                           |
| Clinical Fellowship                                   |                    |                       | 75 hours              | 150 hours             |                           |
| Research Project                                      |                    |                       |                       | $\checkmark$          | $\checkmark$              |

\* with a minimum of one course from each domain

\*\* by the Canadian Nurses Association (CNA), the Certified Pediatric Hematology Oncology Nurse (CPHON) or the Oncology Nursing Certification Corporation (ONCC) in the USA

## de Souza Designations



### DOMAINS

de Souza courses are informed by four practice standards detailed in the Canadian Association of Nurses in Oncology (CANO/ACIO) Practice Standards and Competencies for the Specialized Oncology Nurse. To obtain your de Souza Designation, you must achieve 4.0 course credits with at least one course completed from each of the four domains.

### Treatment and Delivery of Evidence Based Care

These courses are about developing skills and knowledge in treating and delivering cancer and palliative care. Course teachings are based on best practices and provincial and Canadian standards.

Therapeutic and Supportive Relationships

These courses address engaging in caring relationships with cancer patients and their families. These courses focus on the professional's role in being supportive and sensitive to a patient's changing physical and psychosocial responses.

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## Developing Professional Practice and Leadership

Engaging in critical thinking, integrating best practice and evidence based knowledge, exercising ethical judgment and advocating for change are the foundation of courses under this category.

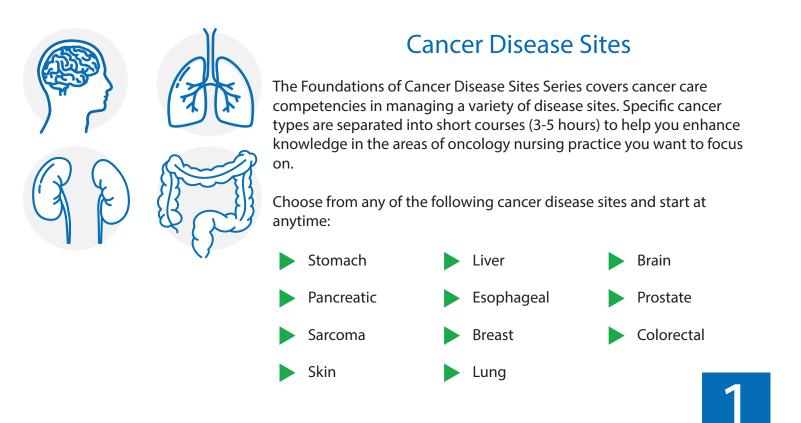


## Patient Teaching and Coaching

These courses help health professionals prepare individuals living with cancer and their families to manage the many aspects of the cancer experience. Courses are geared towards helping provide patient education, psychosocial support and counselling.

## **Featured Courses**





## 2

## Provincial Standardized Chemotherapy and Biotherapy

Builds nursing knowledge and skills in standardized chemotherapy and biotherapy administration, and incorporates the latest provincial and national standards and guidelines. Participants must be nurses licensed to practice in Canada with vascular access device competence.

| Course      | In-Person &<br>Virtual Workshop | <b>Registration Closes</b> | Course Start Date  |
|-------------|---------------------------------|----------------------------|--------------------|
| PSCB02SEP22 | In-Person                       | September 5, 2022          | September 12, 2022 |
| PSCB02OCT22 | Virtual                         | September 26, 2022         | October 3, 2022    |
| PSCB03JAN23 | In-Person                       | January 2, 2023*           | January 9, 2023    |
| PSCB03MAR23 | Virtual                         | February 27, 2023          | March 6, 2023      |
| PSCB03APR23 | In-Person                       | March 27, 2023             | April 3, 2023      |
| PSCB01MAY23 | Virtual                         | May 8, 2023                | May 15, 2023       |
| PSCB02SEP23 | In-Person                       | September 4, 2023*         | September 11, 2023 |
| PSCB02OCT23 | Virtual                         | September 25, 2023         | October 2, 2023    |

#### \* Stat Holiday



In addition to nursing-specific courses, de Souza Institute offers courses with an interprofessional focus, which may be of interest to: physicians, social workers, occupational therapists, physiotherapists, pharmacists, spiritual care providers, physician assistants, psychologists and radiation therapists. These courses include:

- Advanced Pain Assessment and Management
- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Community-based Chemotherapy and Biotherapy
- Complex Malignant Hematology
- Education in Palliative and End-of-Life Care (EPEC<sup>™</sup>-O) Workshop
- Education in Palliative Care (EPC) Course Series

- Introduction to Hospice Palliative Care
- Introduction to Evidence Based Practice and Communication
- Interprofessional Psychosocial Oncology Distance Education (IPODE) Courses
- Management of Dyspnea
- Management of Depression and Anxiety in Cancer
- Patient Navigation
- Shoulder Rehab after Breast Cancer

## Interprofessional Psychosocial Oncology Distance Education (IPODE)

The main mechanisms to facilitate learning in these courses are eLearning, independent study of the course materials and weekly online seminars. A range of innovative learning resources have been developed specifically for these courses, such as case study narratives, video-taped interviews, and dramatizations of individual, family and interprofessional situations. Online discussion boards will be maintained to explore course topics.



#### Interprofessional Psychosocial Oncology: Introduction to Theory and Practice

Psychosocial Oncology is a specialty area of cancer care that is concerned with the myriad of psychological, emotional, social and spiritual responses of persons affected by cancer. This course provides an opportunity for health care professionals to explore common psychosocial issues that individuals and families experience when an adult family member is diagnosed with cancer.



#### Sexual Health and Counselling in Prostate Cancer

The purpose of this 12 week course is to equip health care professionals with the skills and knowledge necessary to deliver sexual health support to patients and their partners impacted by prostate cancer. Education, support, and guidance in the development of future prostate cancer specific sexual health programs are also addressed.



#### Sexual Health in Cancer Part 1 & Sex Counselling in Cancer Part 2

The purpose of these two 7 week courses is to assist health care professionals in cancer care to integrate sexual health care in practice. Sexual concerns are one of the most common problems encountered in cancer care settings, yet they are the least likely to be discussed unless asked.



Canadian Association of Psychosocial Oncology Association Canadienne d'Oncologie Psychosociale



## www.deSouzaInstitute.com/IPODE for more information and to register.

## **Course List by Domain**

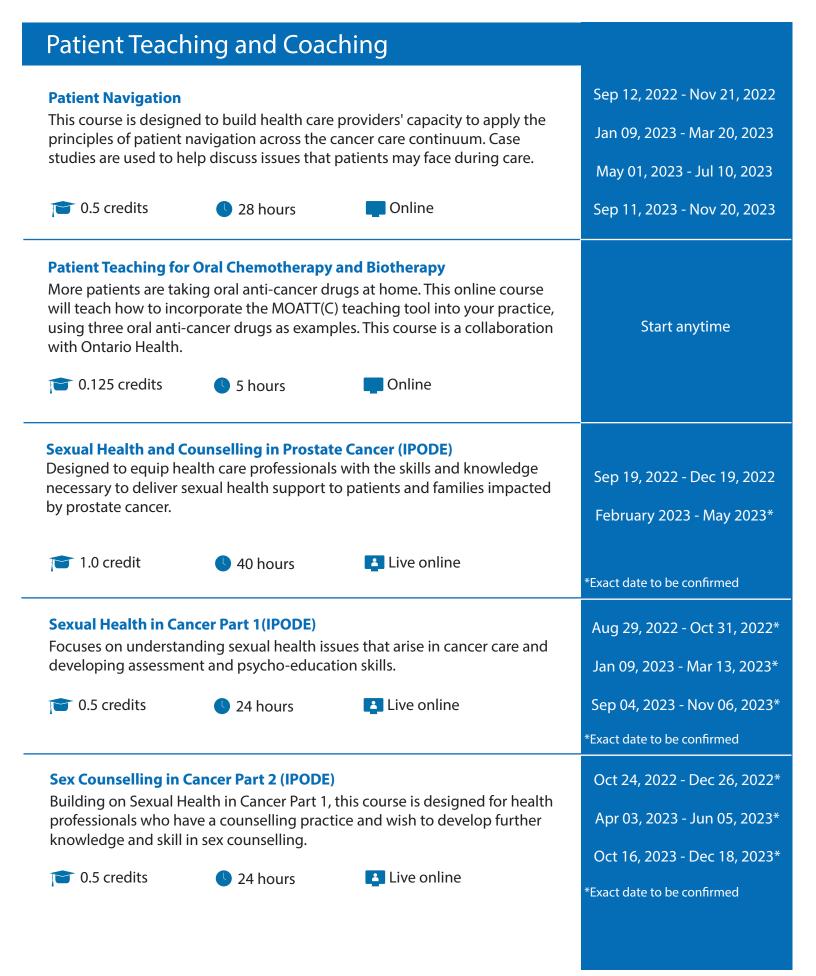




| Foundations in Oncology Nursing PracticeIntroduces the art and science of oncology practice. Fundamental concepts<br>of cancer care will be presented for those who work with cancer patients.<br>Insight into the four most common types of cancer: breast, lung, prostate and<br>colorectal will be offered.Image: Image: Imag | Start anytime  |
|---|--|
| <ul> <li>Foundations of Cancer Disease Sites</li> <li>Provides essential concepts for assessment, care and management in a variety of cancer disease sites. Choose the specific sites that are relevant to you and can be taken in any order. The disease sites covered are: <ul> <li>Leukemia, lymphoma, multiple myeloma (Combined module)</li> <li>The following disease sites can be taken individually. Brain, breast, colorectal, cervical, lung, prostate, GI, skin, sarcoma disease sites are available now. Other sites will be available soon.</li> </ul> </li> </ul>   | Start anytime  |
| Management of Depression and Anxiety in CancerThis course promotes an evidence-based wholistic approach to care and<br>management of depression and anxiety in individuals with cancer. The<br>content and structure of the course is based on the Pan-Canadian Practice<br>Guideline: Screening, Assessment and Management of Psychosocial Distress,<br>Major Depression and Anxiety in Adults with Cancer.Image: 0.25 credits10 hours   | Start anytime  |
| Management of DyspneaPromotes an evidence-based wholistic approach to dyspnea care, covering<br>topics such as its assessment and treatment. This course was created in<br>collaboration with Ontario Health.To 0.125 creditsThours   | Start anytime  |
| Provincial Standardized Chemotherapy and Biotherapy CourseBuilds nursing knowledge and skills in standardized chemotherapy and<br>biotherapy administration, and incorporates the latest provincial and<br>national standards and guidelines. This course is a prerequisite for the<br>maintenance course. Participants must be nurses. See page 4 for more info.Image: The standard stan | Sep 12, 2022 - Nov 28, 2022<br>Oct 03, 2022 - Dec 19, 2022<br>Jan 09, 2023 - Mar 27, 2023<br>Mar 06, 2023 - May 22, 2023 |
| Shoulder Rehab after Breast CancerFocuses on the assessment and rehabilitation of shoulder functional<br>impairments following breast cancer treatment. This course was created in<br>collaboration with Ontario Health.Image: 0.25 credits10 hoursImage: 0.25 credits10 hours  | Start anytime  |

| Therapeutic and Supportive Relationships  |   |  |
|---|---|--|
| Cancer Survivorship:<br>Partnering with Patients to Improve their ExperienceDeveloped with an interdisciplinary focus; highlights the best practices to<br>help patients in self-management and self-care; in the three core areas of<br>survivorship: managing health care needs, dealing with the consequences of<br>cancer and its treatment, and adopting a healthy lifestyle.Image: D.5 creditsImage: 25 hoursImage: D.5 creditsImage: 25 hours  | Oct 03, 2022 - Dec 12, 2022<br>Feb 06, 2023 - Apr 17, 2023<br>Oct 02, 2023 - Dec 11, 2023   |  |
| The Palliative Approach to Care (EPC Series: A)The first course in our Education in Palliative Care (EPC) Course Series/<br>Certificate to integrate the palliative approach to care into your practice. With<br>palliative care support, patients report fewer symptoms, better quality of life,<br>and greater satisfaction with their care.Image: The palliative of the palliative care into your practice of the palliative care support, patients report fewer symptoms, better quality of life,<br>and greater satisfaction with their care.Image: The palliative of the palliative care into your practice of the palliative care support, patients report fewer symptoms, better quality of life,<br>and greater satisfaction with their care.Image: The palliative of the palliative care into your practice of the palliative care support, patients report fewer symptoms, better quality of life,<br>and greater satisfaction with their care.Image: The palliative of the palliative care into your part of the palliative care into your practice.Image: The palliative of the palliative care into your part of the pal  | Start anytime   |  |
| Symptom Assessment and Management in Palliative Care (EPC Series: B)Symptom management is a core skill in palliative care that improves the<br>quality of life of patients living with serious illness. This second course covers<br>the focused assessment and management of pain, delirium, nausea and<br>vomiting, and dyspneaImage: Constant of the series of t | Start anytime   |  |
| End-of-Life Care, Grief, and Loss (EPC Series: C)Learn how to discuss the sensitive topics of life-sustaining therapy, the management of symptoms that occur as a patient is dying, and how to assess<br>the ability of the patient, family, and care team to cope with loss, grief, and<br>bereavement, in the third part of the EPC course series.Image: The sense of the term of             | Start anytime   |  |
| Interprofessional Psychosocial Oncology:<br>Introduction to Theory and Practice (IPODE)<br>Examines common individual and family experiences across the illness<br>trajectory from a theoretical, empirical and clinical perspective in order to<br>understand and assess distress and coping from a family centred standpoint.   | Aug 29, 2022 - Dec 12, 2022<br>Jan 09, 2023 - Apr 24, 2023*<br>Apr 03, 2023 - Jul 17, 2023* |  |
| To credits 48 hours Live online   | *Exact date to be confirmed   |  |
| Introduction to Hospice Palliative Care<br>Introduces key communication, assessment and symptom management<br>best practices in Hospice Palliative Care. Highlights the palliative approach<br>centred on the needs of patients and families from diagnosis to end of life<br>care.   | Sep 19, 2022 - Oct 31, 2022<br>Jan 16, 2023 - Feb 27, 2023<br>Apr 03, 2023 - May 15, 2023   |  |
| 📁 0.25 credits 🛛 🕙 10 hours 🔤 Online  | Sep 18, 2023 - Oct 30, 2023   |  |

#### **Developing Professional Practice and Leadership Chemotherapy and Biotherapy Facilitator Course Part 1** A two part course designed to help RNs interested in facilitating de Souza Institute's Provincial Standardized Chemotherapy and Biotherapy Course in their local organization. In Part 1, the necessary skills are developed by Please contact us for completing the Provincial Standardized Chemotherapy and Biotherapy arrangements course. CON(C) credential is required. 👕 0.0 credits Online & In-class 6.5 hours **Chemotherapy and Biotherapy Facilitator Course Part 2** In Part 2, participants must deliver the course (facilitate the workshop locally, or lead the full course) at least twice in a one year time frame. The facilitation Please contact us for activities will need to meet the requirements of a minimum of 15 hours arrangements duration (annually), and the session will have to include at least four health care providers. 👕 1.0 credits 24 hours Ln-class **Education in Palliative and End-of-Life Care - Oncology** An interprofessional workshop that covers palliative and end-of-life care Available as a custom topics, including core competencies in symptom management, ethical issues, offering for a group of 20+ and communication skills in palliative care. 0.25 credits 7.5 hours 🐸 Online & in-class **Fundamentals of Leadership Effectiveness** Offered at the St. Patrick Campus of the Michener/UHN School of Continuing See https://michener.ca/ Education (SCE), this course helps to establish the fundamental skills ce course/fundamentalsrequired for effective leadership in health care and is intended for healthcare leadership-effectivenessprofessionals interested in leadership. This course is part of two SCE online/ for offering dates certificate programs. and additional information 1.0 credits 48 hours Online **Introduction to Evidence Based Practice and Communication** Sep 26, 2022 - Oct 31, 2022 Explores how to find evidence based information for clinical use by carrying out a systematic search process, and analyzing clinical literature for its Feb 06, 2023 - Mar 13, 2023 quality, impact and applicability in practice using eHealth. Sep 25, 2023 - Oct 30, 2023 1.25 credits Online 14 hours



## Certification Preparation and Continuing Competency Support

Courses in this category help you attain specialty certification or provide competency maintenance support for your practice. These courses do not provide credits towards a de Souza designation.

| Chemotherapy Competency MaintenanceDesigned for nurses to review their practice and receive up-to-date new<br>information in chemotherapy and biotherapy on an annual basis.Image: Output to the temperature of the temperature of | Offered on a monthly<br>basis, check online course<br>calendar for exact dates            |
|---|---|
| <b>CNA Hospice Palliative Care Study Group</b><br>Provides an online preparatory study group to assist nurses for the CNA<br>National Hospice Palliative Care Specialty Certification exam.<br>T 0.0 credits 0.0 credits 20 hours   | Aug 15, 2022 - Nov 28, 2022<br>Feb 20, 2023 - May 29, 2023<br>Aug 14, 2023 - Nov 20, 2023 |
| CNA Oncology Exam Study GroupProvides an online preparatory study group to assist nurses preparing for the<br>CNA National Oncology Specialty Certification exam.Image: 0.0 creditsImage: 27 hoursImage: 0.0 creditsImage: 27 hours   | Jul 04, 2022 - Nov 28, 2022<br>Jan 09, 2023 - May 29, 2023<br>Jul 03, 2023 - Nov 20, 2023 |
| CNA Gerontology Study Group<br>Provides online preparatory study group to assist nurses for the CNA<br>Gerontology exam.<br>T 0.0 credits 20 hours Online   | Aug 15, 2022 - Nov 28, 2022<br>Feb 20, 2023 - May 29, 2023<br>Aug 14, 2023 - Nov 20, 2023 |

## de Souza Learning Pathway Examples

There are several different pathways you can take to obtain your de Souza designation depending on your education, availability and goals. Shown below is a timeline of potential courses for general nurses and oncology nurses to work towards the de Souza Nurse Associate and de Souza Nurse titles respectively. You can apply for your de Souza designation after obtaining a total of 4.0 credits, with at least one course from each of the four domains. Contact us at <u>support@desouzainstitute.com</u> to learn more and to create a pathway that works for you.

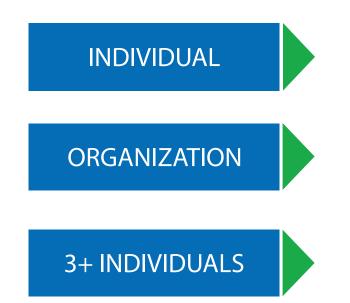
|             | GENERAL NURSE   | ONCOLOGY NURSE  |
|-------------|---|---|
| 0 - 1 year  | Cancer Care Basics (0.5 credits)<br>Management of Dyspnea (0.125)<br>Introduction to Hospice Palliative Care (0.25)   | Foundations in Oncology Nursing Practice (0.75)<br>Management of Dyspnea (0.125)<br>Introduction to Hospice Palliative Care (0.25)<br>Patient Teaching for Oral Chemotherapy and<br>Biotherapy (0.125)  |
| 1 - 2 years | Cancer Survivorship (0.5)   | Cancer Survivorship (0.5)<br>Management of Anxiety and Depression (0.25)<br>RN to write CNA Oncology Certification Exam –<br>Oncology Study group available<br>Provincial Standardized Chemotherapy and<br>Biotherapy (1.0)   |
| 2 - 5 years | Introduction to Evidence Based Practice and<br>Communication (0.25)<br>Foundations of Cancer Disease Sites (credits vary)<br>Advanced Pain Assessment and Management (0.5)<br>Patient Navigation (0.5)<br>Management of Anxiety and Depression (0.25) | Introduction to Evidence Based Practice and<br>Communication (0.25)<br>Foundations of Cancer Disease Sites (credits vary)<br>Advanced Pain Assessment and Management (0.5)<br>Interprofessional Psychosocial Oncology:<br>Introduction to Theory and Practice (1.0) |

### de Souza Nurse Associate

de Souza Nurse



### Special rate for the purchase of three or more courses:



Purchases three or more courses and pays for them with one cheque or credit card

Purchases three or more courses for their employees and pays for them with credit card payment or Electronic Funds Transfer

One individual in the group purchases three or more of the course(s) and pays for the total amount in one cheque or credit card

**Note**: Group pricing is subject to change at the discretion of de Souza Institute. Group pricing is also subject to the Institute's Cancelation, Incomplete or No Show Policy and other policies. Only one (1) receipt will be issued to the purchaser. Receipts will not be issued to each individual in a group.

For organizations or individuals interested in developing packages specific to their needs, please contact us at <u>support@desouzainstitute.com</u> to discuss options and group discount.

## de Souza Institute's Top Courses:



## de Souza Group Packages



## COURSE PACKAGE EXAMPLES

### **Person-Centred Care Series**

de Souza Institute is committed to supporting health care organizations in their effort to enhance patient experience. In order to provide person-centred care, a team based approach is required to co-ordinate and manage all aspects of care. The following courses are suggested:

- Cancer Survivorship: Partnering with Patients to Improve Their Experience
- Education in Palliative Care (EPC) Course Series
- Patient Navigation

### **RPN Series** •

de Souza Institute supports RPNs working in the community, hospitals or long-term care facilities by providing education in oncology and palliative care. Suggested courses include:

- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Cancer Care Basics
- Patient Teaching for Oral Chemotherapy and Biotherapy
- Introduction to Hospice Palliative Care

## Hospice Palliative Care Series -

Health care professionals in palliative care offer patients and their families a variety of support whether it is emotional care, spiritual care, pain and symptom management or bereavement counselling. de Souza Institute offers several courses to support health care professionals:

- Advanced Pain Assessment and Management
- Canadian Nurses Association Exam Study Group for Hospice Palliative Care
- Education in Palliative Care Course Series
- Management of Dyspnea
- Management of Depression and Anxiety

### Primary Care Series

de Souza Institute provides educational courses to support primary care professionals who see cancer patients and their families:

- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Education in Palliative Care Course Series
- Interdisciplinary Psychosocial Oncology Distance Education Series Courses (IPODE)

## Continuing Education and Professional Development at UHN

de Souza Institute is headquartered at the University Health Network and collaborates with a variety of other educational groups as part of the Education portfolio at UHN. In addition, the team works closely with the continuing education programs at the Michener Institute of Education. Together we provide a broad range of education programs to meet the emerging and evolving needs of health human resources in our healthcare system.

### LEARN ABOUT OUR PROGRAMS

You can learn more about UHN and Michener programs that enable the continuing education and professional development goals of a full range of healthcare providers:

For programs at Michener's St. Patrick Campus visit:

www.michener.ca/ce

For interprofessional education at the Centre for Advancing Collaborative Healthcare & Education (CACHE), visit:

www.ipe.utoronto.ca

For Conference Services, BMO Education and Conference Centre, visit:

www.uhn.ca/Education/conference\_services

www.uhnbmocentre.ca/

For information about observership-based and personalized learning at the UHN hospitals, visit:

www.uhn.ca/Education/About-Us/Portfolios/CEPD/ICE

Toronto General Toronto Western Princess Margaret Toronto Rehab Michener Institute



# **CONTACT US**



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