

2022 - 2023

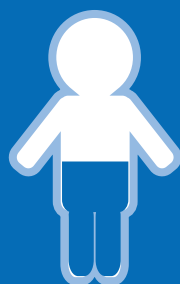
# COURSE CALENDAR

Quality continuing education for  
health care professionals

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IN CANADA

44%  
of men



43%  
of women

**will develop cancer in their lifetime**

## ABOUT US

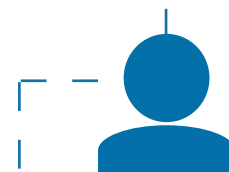
In 2008, the Ontario government funded de Souza Institute to support nurses that care for cancer patients and their families. In 2013, de Souza Institute expanded its mandate to include other health care professionals. Through de Souza Institute, health care professionals obtain the specialized skills to guide and help cancer patients throughout their journey (prevention, screening, diagnosis, treatment, survivorship and palliation).

## MISSION

To inspire and empower health care professionals to provide the best cancer and palliative care through education and mentorship.

## PARTNERSHIPS

de Souza Institute is pleased to work with various organizational partners to achieve their continuing education and professional development goals in cancer and palliative care.



20 000+  
HEALTH PROFESSIONALS



650 000+  
LEARNING HOURS



## WHAT IS A DE SOUZA DESIGNATION?

A de Souza Designation is awarded to a healthcare professional who has completed one of the de Souza Institute comprehensive learning pathways shown below. de Souza Designates are well-regarded health care professionals possessing strong clinical and leadership skills in oncology or palliative care. They have the up to date knowledge to deliver complex treatments, alleviate pain and other symptom related suffering and address psychosocial needs of patients and families.

	INTERN	NURSE ASSOCIATE	NURSE	APN	SCHOLAR
<b>Education</b>	Nursing student	RN, RPN, or LPN	RN	APN	PhD or Post-Doctorate
<b>Credits Required*</b>	2.0	4.0	4.0	4.0	
<b>Required Courses</b>	FOND	CANB, FOND or PSCB	CANB, FOND or PSCB	CANB, FOND or PSCB	
<b>Registered with College of Nurses</b>		✓	✓	✓	✓
<b>Clinical Experience</b>	One placement	1950 hours	1950 hours	1950 hours	
<b>Certified in Oncology or Hospice Palliative Care**</b>			✓	✓	
<b>Clinical Fellowship</b>			75 hours	150 hours	
<b>Research Project</b>				✓	✓

\* with a minimum of one course from each domain

\*\* by the Canadian Nurses Association (CNA), the Certified Pediatric Hematology Oncology Nurse (CPHON) or the Oncology Nursing Certification Corporation (ONCC) in the USA

## DOMAINS

de Souza courses are informed by four practice standards detailed in the Canadian Association of Nurses in Oncology (CANO/ACIO) Practice Standards and Competencies for the Specialized Oncology Nurse. To obtain your de Souza Designation, you must achieve 4.0 course credits with at least one course completed from each of the four domains.

1

### Treatment and Delivery of Evidence Based Care

These courses are about developing skills and knowledge in treating and delivering cancer and palliative care. Course teachings are based on best practices and provincial and Canadian standards.

2

### Therapeutic and Supportive Relationships

These courses address engaging in caring relationships with cancer patients and their families. These courses focus on the professional's role in being supportive and sensitive to a patient's changing physical and psychosocial responses.

3

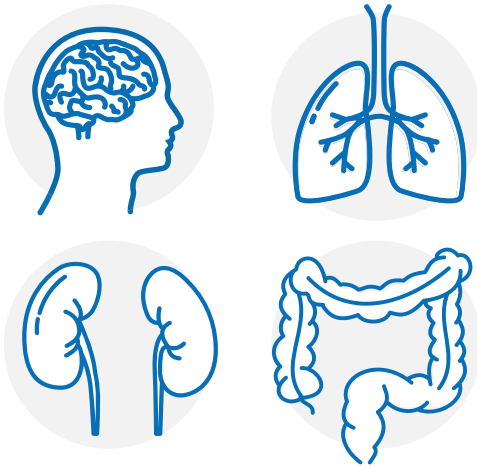
### Developing Professional Practice and Leadership

Engaging in critical thinking, integrating best practice and evidence based knowledge, exercising ethical judgment and advocating for change are the foundation of courses under this category.

4

### Patient Teaching and Coaching

These courses help health professionals prepare individuals living with cancer and their families to manage the many aspects of the cancer experience. Courses are geared towards helping provide patient education, psychosocial support and counselling.



## Cancer Disease Sites

The Foundations of Cancer Disease Sites Series covers cancer care competencies in managing a variety of disease sites. Specific cancer types are separated into short courses (3-5 hours) to help you enhance knowledge in the areas of oncology nursing practice you want to focus on.

Choose from any of the following cancer disease sites and start at anytime:

- ▶ Stomach
- ▶ Liver
- ▶ Brain
- ▶ Pancreatic
- ▶ Esophageal
- ▶ Prostate
- ▶ Sarcoma
- ▶ Breast
- ▶ Colorectal
- ▶ Skin
- ▶ Lung

1

2

## Provincial Standardized Chemotherapy and Biotherapy

Builds nursing knowledge and skills in standardized chemotherapy and biotherapy administration, and incorporates the latest provincial and national standards and guidelines. Participants must be nurses licensed to practice in Canada with vascular access device competence.

Course	In-Person & Virtual Workshop	Registration Closes	Course Start Date
PSCB02SEP22	In-Person	September 5, 2022	September 12, 2022
PSCB02OCT22	Virtual	September 26, 2022	October 3, 2022
PSCB03JAN23	In-Person	January 2, 2023*	January 9, 2023
PSCB03MAR23	Virtual	February 27, 2023	March 6, 2023
PSCB03APR23	In-Person	March 27, 2023	April 3, 2023
PSCB01MAY23	Virtual	May 8, 2023	May 15, 2023
PSCB02SEP23	In-Person	September 4, 2023*	September 11, 2023
PSCB02OCT23	Virtual	September 25, 2023	October 2, 2023

\* Stat Holiday

In addition to nursing-specific courses, de Souza Institute offers courses with an interprofessional focus, which may be of interest to: physicians, social workers, occupational therapists, physiotherapists, pharmacists, spiritual care providers, physician assistants, psychologists and radiation therapists. These courses include:

- Advanced Pain Assessment and Management
- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Community-based Chemotherapy and Biotherapy
- Complex Malignant Hematology
- Education in Palliative and End-of-Life Care (EPEC™-O) - Workshop
- Education in Palliative Care (EPC) Course Series
- Introduction to Evidence Based Practice and Communication
- Interprofessional Psychosocial Oncology Distance Education (IPOSE) Courses
- Management of Dyspnea
- Management of Depression and Anxiety in Cancer
- Patient Navigation
- Shoulder Rehab after Breast Cancer

## Interprofessional Psychosocial Oncology Distance Education (IPOSE)

The main mechanisms to facilitate learning in these courses are eLearning, independent study of the course materials and weekly online seminars. A range of innovative learning resources have been developed specifically for these courses, such as case study narratives, video-taped interviews, and dramatizations of individual, family and interprofessional situations. Online discussion boards will be maintained to explore course topics.

1

### Interprofessional Psychosocial Oncology: Introduction to Theory and Practice

Psychosocial Oncology is a specialty area of cancer care that is concerned with the myriad of psychological, emotional, social and spiritual responses of persons affected by cancer. This course provides an opportunity for health care professionals to explore common psychosocial issues that individuals and families experience when an adult family member is diagnosed with cancer.

2

### Sexual Health and Counselling in Prostate Cancer

The purpose of this 12 week course is to equip health care professionals with the skills and knowledge necessary to deliver sexual health support to patients and their partners impacted by prostate cancer. Education, support, and guidance in the development of future prostate cancer specific sexual health programs are also addressed.

3

### Sexual Health in Cancer Part 1 & Sex Counselling in Cancer Part 2

The purpose of these two 7 week courses is to assist health care professionals in cancer care to integrate sexual health care in practice. Sexual concerns are one of the most common problems encountered in cancer care settings, yet they are the least likely to be discussed unless asked.



Canadian Association of Psychosocial Oncology  
Association Canadienne d'Oncologie Psychosociale

projet  
ÉDOPI IPOSE  
project

[www.deSouzaInstitute.com/IPOSE](http://www.deSouzaInstitute.com/IPOSE)


for more information and to register.

## Treatment and Delivery of Evidence-Based Care

### Advanced Pain Assessment and Management

Examines the pathophysiology of cancer pain, cancer pain syndromes, pharmacological and non-pharmacological intervention for intractable pain in palliation. Participants will explore methods on how to conduct educational and advocacy work.

 0.5 credits

 24 hours

 Online & webcast

Sep 12, 2022 - Nov 14, 2022


Jan 23, 2023 - Mar 27, 2023

May 01, 2023 - Jul 03, 2023

### Cancer Care Basics

Reviews foundational knowledge and concepts in cancer, current treatments and common side effects. It also addresses issues faced by cancer patients, including sexuality and survivorship. The content is tailored to the needs of clinicians who look after cancer patients in general hospitals and in the community. This course is accredited by the Canadian Nurses Association

 0.5 credits

 25 hours


 Online

Start anytime

### Community-based Chemotherapy and Biotherapy

Provides foundational knowledge of chemotherapy and biotherapy when caring for patients in the community. Key topics covered are commonly used drugs, toxicities, accidental spill management, as well as patient and family education.

 0.25 credits

 10 hours

 Online

Start anytime

### Complex Malignant Hematology

Provides updated knowledge in complex malignant hematology topics including leukemia, lymphoma, multiple myeloma and aplastic anemia. This course also covers advances in Hematopoietic Stem Cell Transplantation (HSCT), highlighting HSCT associated complications/adverse effects and their management, as well as psychosocial and survivorship issues.

 1 credits

 40 hours


 Online

Start anytime

### Cancer in Pregnancy

This course covers cancer care for patients diagnosed with breast cancer during pregnancy. This course prepares HCPs about to care for a pregnant patients with breast cancer – including genetic considerations, obstetrical and neonatal monitoring, surgery, systemic therapy including supportive drugs, psychosocial support, and lactation support.

 0.0 credits

 5 hours

 Online

Start anytime



## Foundations in Oncology Nursing Practice

Introduces the art and science of oncology practice. Fundamental concepts of cancer care will be presented for those who work with cancer patients. Insight into the four most common types of cancer: breast, lung, prostate and colorectal will be offered.



0.75 credits



40 hours



Online

Start anytime

## Foundations of Cancer Disease Sites

Provides essential concepts for assessment, care and management in a variety of cancer disease sites. Choose the specific sites that are relevant to you and can be taken in any order. The disease sites covered are:

- Leukemia, lymphoma, multiple myeloma (Combined module)
- The following disease sites can be taken individually. Brain, breast, colorectal, cervical, lung, prostate, GI, skin, sarcoma disease sites are available now. Other sites will be available soon.



up to 0.25 credits



up to 12.5 hours



Online

Start anytime

## Management of Depression and Anxiety in Cancer

This course promotes an evidence-based wholistic approach to care and management of depression and anxiety in individuals with cancer. The content and structure of the course is based on the Pan-Canadian Practice Guideline: Screening, Assessment and Management of Psychosocial Distress, Major Depression and Anxiety in Adults with Cancer.



0.25 credits



10 hours



Online

Start anytime

## Management of Dyspnea

Promotes an evidence-based wholistic approach to dyspnea care, covering topics such as its assessment and treatment. This course was created in collaboration with Ontario Health.



0.125 credits



7 hours



Online

Start anytime

## Provincial Standardized Chemotherapy and Biotherapy Course

Builds nursing knowledge and skills in standardized chemotherapy and biotherapy administration, and incorporates the latest provincial and national standards and guidelines. This course is a prerequisite for the maintenance course. Participants must be nurses. See page 4 for more info.



1.0 credits



35 hours



Online & in-class

Sep 12, 2022 - Nov 28, 2022

Oct 03, 2022 - Dec 19, 2022

Jan 09, 2023 - Mar 27, 2023

Mar 06, 2023 - May 22, 2023

## Shoulder Rehab after Breast Cancer

Focuses on the assessment and rehabilitation of shoulder functional impairments following breast cancer treatment. This course was created in collaboration with Ontario Health.



0.25 credits



10 hours



Online


Start anytime


# Therapeutic and Supportive Relationships

## Cancer Survivorship:

### Partnering with Patients to Improve their Experience

Developed with an interdisciplinary focus; highlights the best practices to help patients in self-management and self-care; in the three core areas of survivorship: managing health care needs, dealing with the consequences of cancer and its treatment, and adopting a healthy lifestyle.

 0.5 credits

 25 hours

 Online


Oct 03, 2022 - Dec 12, 2022

Feb 06, 2023 - Apr 17, 2023

Oct 02, 2023 - Dec 11, 2023

### The Palliative Approach to Care (EPC Series: A)

The first course in our Education in Palliative Care (EPC) Course Series/ Certificate to integrate the palliative approach to care into your practice. With palliative care support, patients report fewer symptoms, better quality of life, and greater satisfaction with their care.

 0.5 credits

 18 hours


 Online

Start anytime

### Symptom Assessment and Management in Palliative Care (EPC Series: B)

Symptom management is a core skill in palliative care that improves the quality of life of patients living with serious illness. This second course covers the focused assessment and management of pain, delirium, nausea and vomiting, and dyspnea

 0.25 credits

 9 hours

 Online

Start anytime

### End-of-Life Care, Grief, and Loss (EPC Series: C)

Learn how to discuss the sensitive topics of life-sustaining therapy, the management of symptoms that occur as a patient is dying, and how to assess the ability of the patient, family, and care team to cope with loss, grief, and bereavement, in the third part of the EPC course series.

 0.25 credits

 9 hours

 Online

Start anytime

### Interprofessional Psychosocial Oncology: Introduction to Theory and Practice (IPOSE)

Examines common individual and family experiences across the illness trajectory from a theoretical, empirical and clinical perspective in order to understand and assess distress and coping from a family centred standpoint.

 1.0 credits

 48 hours

 Live online

Aug 29, 2022 - Dec 12, 2022

Jan 09, 2023 - Apr 24, 2023\*


Apr 03, 2023 - Jul 17, 2023\*

\*Exact date to be confirmed

# Developing Professional Practice and Leadership

## Chemotherapy and Biotherapy Facilitator Course Part 1

A two part course designed to help RNs interested in facilitating de Souza Institute's Provincial Standardized Chemotherapy and Biotherapy Course in their local organization. In Part 1, the necessary skills are developed by completing the Provincial Standardized Chemotherapy and Biotherapy course. CON(C) credential is required.

 0.0 credits

 6.5 hours


 Online & In-class

Please contact us for arrangements

## Chemotherapy and Biotherapy Facilitator Course Part 2

In Part 2, participants must deliver the course (facilitate the workshop locally, or lead the full course) at least twice in a one year time frame. The facilitation activities will need to meet the requirements of a minimum of 15 hours duration (annually), and the session will have to include at least four health care providers.

 1.0 credits


 24 hours

 In-class

Please contact us for arrangements

## Education in Palliative and End-of-Life Care - Oncology

An interprofessional workshop that covers palliative and end-of-life care topics, including core competencies in symptom management, ethical issues, and communication skills in palliative care.

 0.25 credits

 7.5 hours


 Online & in-class

Available as a custom offering for a group of 20+

## Fundamentals of Leadership Effectiveness

Offered at the St. Patrick Campus of the Michener/UHN School of Continuing Education (SCE), this course helps to establish the fundamental skills required for effective leadership in health care and is intended for healthcare professionals interested in leadership. This course is part of two SCE certificate programs.

 1.0 credits

 48 hours


 Online

See [https://michener.ca/ce\\_course/fundamentals-leadership-effectiveness-online/](https://michener.ca/ce_course/fundamentals-leadership-effectiveness-online/) for offering dates and additional information

## Introduction to Evidence Based Practice and Communication

Explores how to find evidence based information for clinical use by carrying out a systematic search process, and analyzing clinical literature for its quality, impact and applicability in practice using eHealth.

 0.25 credits

 14 hours

 Online

Sep 26, 2022 - Oct 31, 2022

Feb 06, 2023 - Mar 13, 2023

Sep 25, 2023 - Oct 30, 2023

# Patient Teaching and Coaching

## Patient Navigation

This course is designed to build health care providers' capacity to apply the principles of patient navigation across the cancer care continuum. Case studies are used to help discuss issues that patients may face during care.



0.5 credits



28 hours



Online

Sep 12, 2022 - Nov 21, 2022

Jan 09, 2023 - Mar 20, 2023

May 01, 2023 - Jul 10, 2023

Sep 11, 2023 - Nov 20, 2023

## Patient Teaching for Oral Chemotherapy and Biotherapy

More patients are taking oral anti-cancer drugs at home. This online course will teach how to incorporate the MOATT(C) teaching tool into your practice, using three oral anti-cancer drugs as examples. This course is a collaboration with Ontario Health.



0.125 credits



5 hours



Online

Start anytime

## Sexual Health and Counselling in Prostate Cancer (IPOSE)

Designed to equip health care professionals with the skills and knowledge necessary to deliver sexual health support to patients and families impacted by prostate cancer.



1.0 credit



40 hours



Live online

Sep 19, 2022 - Dec 19, 2022

February 2023 - May 2023\*

\*Exact date to be confirmed

## Sexual Health in Cancer Part 1(IPOSE)

Focuses on understanding sexual health issues that arise in cancer care and developing assessment and psycho-education skills.



0.5 credits



24 hours



Live online

Aug 29, 2022 - Oct 31, 2022\*

Jan 09, 2023 - Mar 13, 2023\*

Sep 04, 2023 - Nov 06, 2023\*

\*Exact date to be confirmed

## Sex Counselling in Cancer Part 2 (IPOSE)

Building on Sexual Health in Cancer Part 1, this course is designed for health professionals who have a counselling practice and wish to develop further knowledge and skill in sex counselling.



0.5 credits



24 hours



Live online

Oct 24, 2022 - Dec 26, 2022\*

Oct 16, 2023 - Dec 18, 2023\*


\*Exact date to be confirmed


# Certification Preparation and Continuing Competency Support

Courses in this category help you attain specialty certification or provide competency maintenance support for your practice. These courses do not provide credits towards a de Souza designation.

## Chemotherapy Competency Maintenance

Designed for nurses to review their practice and receive up-to-date new information in chemotherapy and biotherapy on an annual basis.

 0.0 credits


 5 hours


 Online

Offered on a monthly basis, check online course calendar for exact dates

## CNA Hospice Palliative Care Study Group

Provides an online preparatory study group to assist nurses for the CNA National Hospice Palliative Care Specialty Certification exam.

 0.0 credits

 20 hours

 Online

Aug 15, 2022 - Nov 28, 2022


Feb 20, 2023 - May 15, 2023

Aug 14, 2023 - Nov 20, 2023

## CNA Oncology Exam Study Group

Provides an online preparatory study group to assist nurses preparing for the CNA National Oncology Specialty Certification exam.

 0.0 credits

 27 hours

 Online

Jul 04, 2022 - Nov 28, 2022


Jan 09, 2023 - May 15, 2023

Jul 03, 2023 - Nov 20, 2023

## CNA Gerontology Study Group

Provides online preparatory study group to assist nurses for the CNA Gerontology exam.

 0.0 credits

 20 hours



 Online

Aug 15, 2022 - Nov 28, 2022

Feb 20, 2023 - May 15, 2023

Aug 14, 2023 - Nov 20, 2023

There are several different pathways you can take to obtain your de Souza designation depending on your education, availability and goals. Shown below is a timeline of potential courses for general nurses and oncology nurses to work towards the de Souza Nurse Associate and de Souza Nurse titles respectively. You can apply for your de Souza designation after obtaining a total of 4.0 credits, with at least one course from each of the four domains. Contact us at [support@desouzainstitute.com](mailto:support@desouzainstitute.com) to learn more and to create a pathway that works for you.

	GENERAL NURSE	ONCOLOGY NURSE
<b>0 - 1 year</b>	Cancer Care Basics (0.5 credits)  Management of Dyspnea (0.125)	Foundations in Oncology Nursing Practice (0.75)  Management of Dyspnea (0.125)  Patient Teaching for Oral Chemotherapy and Biotherapy (0.125)
<b>1 - 2 years</b>	Cancer Survivorship (0.5)	Cancer Survivorship (0.5)  Management of Anxiety and Depression (0.25)  RN to write CNA Oncology Certification Exam – Oncology Study group available  Provincial Standardized Chemotherapy and Biotherapy (1.0)
<b>2 - 5 years</b>	Introduction to Evidence Based Practice and Communication (0.25)  Foundations of Cancer Disease Sites (credits vary)  Advanced Pain Assessment and Management (0.5)  Patient Navigation (0.5)  Management of Anxiety and Depression (0.25)	Introduction to Evidence Based Practice and Communication (0.25)  Foundations of Cancer Disease Sites (credits vary)  Advanced Pain Assessment and Management (0.5)  Interprofessional Psychosocial Oncology: Introduction to Theory and Practice (1.0)
		
	de Souza Nurse Associate	de Souza Nurse

## Special rate for the purchase of three or more courses:

INDIVIDUAL	Purchases three or more courses and pays for them with one cheque or credit card
ORGANIZATION	Purchases three or more courses for their employees and pays for them with credit card payment or Electronic Funds Transfer
3+ INDIVIDUALS	One individual in the group purchases three or more of the course(s) and pays for the total amount in one cheque or credit card

**Note:** Group pricing is subject to change at the discretion of de Souza Institute. Group pricing is also subject to the Institute's Cancellation, Incomplete or No Show Policy and other policies. Only one (1) receipt will be issued to the purchaser. Receipts will not be issued to each individual in a group.

For organizations or individuals interested in developing packages specific to their needs, please contact us at [support@desouzainstitute.com](mailto:support@desouzainstitute.com) to discuss options and group discount.

## de Souza Institute's Top Courses:

- 
- 1 Provincial Standardized Chemotherapy and Biotherapy  
*5721 enrollments*
  - 2 Foundations in Oncology Nursing Practice  
*4549 enrollments*
  - 3 Advanced Pain Assessment and Management  
*1825 enrollments*

## COURSE PACKAGE EXAMPLES

1

### Person-Centred Care Series

de Souza Institute is committed to supporting health care organizations in their effort to enhance patient experience. In order to provide person-centred care, a team based approach is required to co-ordinate and manage all aspects of care. The following courses are suggested:

- Cancer Survivorship: Partnering with Patients to Improve Their Experience
- Education in Palliative Care (EPC) Course Series
- Patient Navigation

2

### RPN Series

de Souza Institute supports RPNs working in the community, hospitals or long-term care facilities by providing education in oncology and palliative care. Suggested courses include:

- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Cancer Care Basics
- Patient Teaching for Oral Chemotherapy and Biotherapy

3

### Hospice Palliative Care Series

Health care professionals in palliative care offer patients and their families a variety of support whether it is emotional care, spiritual care, pain and symptom management or bereavement counselling. de Souza Institute offers several courses to support health care professionals:

- Advanced Pain Assessment and Management
- Canadian Nurses Association Exam Study Group for Hospice Palliative Care
- Education in Palliative Care Course Series
- Management of Dyspnea
- Management of Depression and Anxiety

4

### Primary Care Series

de Souza Institute provides educational courses to support primary care professionals who see cancer patients and their families:

- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Education in Palliative Care Course Series
- Interdisciplinary Psychosocial Oncology Distance Education Series Courses (IPODE)



de Souza Institute is headquartered at the University Health Network and collaborates with a variety of other educational groups as part of the Education portfolio at UHN. In addition, the team works closely with the continuing education programs at the Michener Institute of Education. Together we provide a broad range of education programs to meet the emerging and evolving needs of health human resources in our healthcare system.

## LEARN ABOUT OUR PROGRAMS

You can learn more about UHN and Michener programs that enable the continuing education and professional development goals of a full range of healthcare providers:

For programs at Michener's St. Patrick Campus visit:

► [www.michener.ca/ce](http://www.michener.ca/ce)

For interprofessional education at the Centre for Advancing Collaborative Healthcare & Education (CACHE), visit:

► [www.ipe.utoronto.ca](http://www.ipe.utoronto.ca)

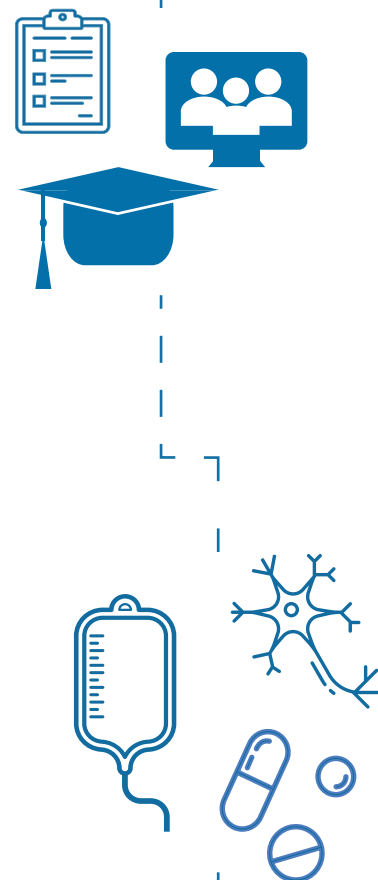
For Conference Services, BMO Education and Conference Centre, visit:

► [www.uhn.ca/Education/conference\\_services](http://www.uhn.ca/Education/conference_services)

► [www.uhnbmocentre.ca/](http://www.uhnbmocentre.ca/)

For information about observership-based and personalized learning at the UHN hospitals, visit:

► [www.uhn.ca/Education/About-Us/Portfolios/CEPD/ICE](http://www.uhn.ca/Education/About-Us/Portfolios/CEPD/ICE)



# UHN

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Toronto Rehab  
Michener Institute

# CONTACT US



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