

2023 - 2024

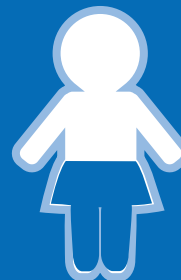
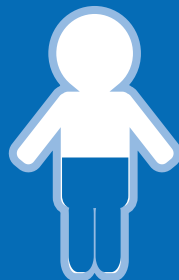
COURSE CALENDAR

Quality continuing education for
health care professionals

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IN CANADA

44%
of men



43%
of women

will develop cancer in their lifetime

ABOUT US

In 2008, the Ontario government funded de Souza Institute to support nurses that care for cancer patients and their families. In 2013, de Souza Institute expanded its mandate to include other health care professionals. Through de Souza Institute, health care professionals obtain the specialized skills to guide and help cancer patients throughout their journey (prevention, screening, diagnosis, treatment, survivorship and palliation).

MISSION

To inspire and empower health care professionals to provide the best cancer and palliative care through education and coaching.

PARTNERSHIPS

de Souza Institute is pleased to work with various organizational partners to achieve their continuing education and professional development goals in cancer and palliative care.



21 000+
HEALTH PROFESSIONALS



830 000+
LEARNING HOURS



WHAT IS A DE SOUZA DESIGNATION?

A de Souza Designation is awarded to a healthcare professional who has completed one of the de Souza Institute comprehensive learning pathways shown below. de Souza Designates are well-regarded health care professionals possessing strong clinical and leadership skills in oncology or palliative care. They have the up to date knowledge to deliver complex treatments, alleviate pain and other symptom related suffering and address psychosocial needs of patients and families.

	INTERN	NURSE ASSOCIATE	NURSE	APN	SCHOLAR
Education	Nursing student	RN, RPN, or LPN	RN	APN	PhD or Post-Doctorate
Credits Required*	2.0	4.0	4.0	4.0	
Required Courses	FOND	CANB, FOND or PSCB	CANB, FOND or PSCB	CANB, FOND or PSCB	
Registered with College of Nurses		✓	✓	✓	✓
Clinical Experience	One placement	1950 hours	1950 hours	1950 hours	
Certified in Oncology or Hospice Palliative Care**			✓	✓	
Clinical Fellowship			75 hours	150 hours	
Research Project				✓	✓

* with a minimum of one course from each domain

** by the Canadian Nurses Association (CNA), the Certified Pediatric Hematology Oncology Nurse (CPHON) or the Oncology Nursing Certification Corporation (ONCC) in the USA

DOMAINS

de Souza courses are informed by four practice standards detailed in the Canadian Association of Nurses in Oncology (CANO/ACIO) Practice Standards and Competencies for the Specialized Oncology Nurse. To obtain your de Souza Designation, you must achieve 4.0 course credits with at least one course completed from each of the four domains.

1

Treatment and Delivery of Evidence Based Care

These courses are about developing skills and knowledge in treating and delivering cancer and palliative care. Course teachings are based on best practices and provincial and Canadian standards.

2

Therapeutic and Supportive Relationships

These courses address engaging in caring relationships with cancer patients and their families. These courses focus on the professional's role in being supportive and sensitive to a patient's changing physical and psychosocial responses.

3

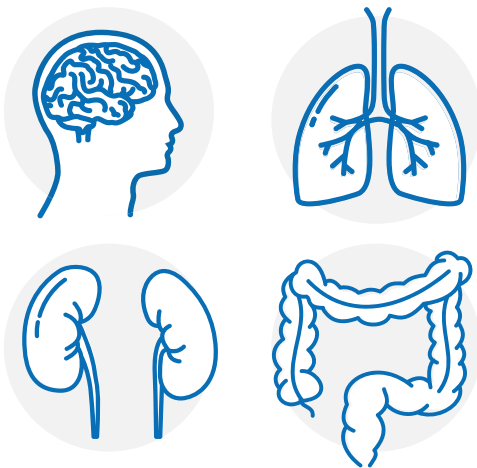
Developing Professional Practice and Leadership

Engaging in critical thinking, integrating best practice and evidence based knowledge, exercising ethical judgment and advocating for change are the foundation of courses under this category.

4

Patient Teaching and Coaching

These courses help health professionals prepare individuals living with cancer and their families to manage the many aspects of the cancer experience. Courses are geared towards helping provide patient education, psychosocial support and counselling.



Cancer Disease Sites

The Foundations of Cancer Disease Sites Series covers cancer care competencies in managing a variety of disease sites. Specific cancer types are separated into short courses to help you enhance knowledge in the areas of oncology nursing practice you want to focus on.

Choose from any of the following cancer disease sites and start at anytime:

- ▶ Brain
- ▶ Breast
- ▶ Bladder
- ▶ Cervical
- ▶ Colorectal
- ▶ Esophageal
- ▶ Kidney
- ▶ Liver
- ▶ Lung
- ▶ Ovarian
- ▶ Pancreatic
- ▶ Prostate
- ▶ Sarcoma
- ▶ Stomach
- ▶ Skin
- ▶ Testicular
- ▶ Hematological Malignancies

1

2

Provincial Standardized Chemotherapy and Biotherapy

Builds nursing knowledge and skills in systemic cancer treatment administration, and incorporates the latest provincial and national standards and guidelines. Provincial agencies such as Cancer Care Ontario specifies that nurses who administer parenteral chemotherapy must achieve certification of competency.

Participants must be nurses licensed to practice in Canada with vascular access device competence.

Course	In-Person & Virtual Workshop	Registration Closes	Course Start Date
PSCB03JAN24	In-Person	January 8, 2024	January 15, 2024
PSCB03MAR24	Virtual	February 26, 2024	March 4, 2024
PSCB03APR24	In-Person	April 8, 2024	April 15, 2024
PSCB01MAY24	Virtual	May 6, 2024	May 13, 2024
PSCB02SEP24	In-Person	September 9, 2024	September 16, 2024
PSCB02OCT24	Virtual	September 30, 2024*	October 7, 2024

Dates subject to change

* Stat Holiday (NT, NU, PEI, YT)

In addition to nursing-specific courses, de Souza Institute offers courses with an interprofessional focus, which may be of interest to: physicians, social workers, occupational therapists, physiotherapists, pharmacists, spiritual care providers, physician assistants, psychologists and radiation therapists. These courses include:

- Advanced Pain Assessment and Management
- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Community-based Chemotherapy and Biotherapy
- Complex Malignant Hematology
- Education in Palliative Care (EPC) Course Series
- Introduction to Evidence Based Practice and Communication
- Interprofessional Psychosocial Oncology Distance Education (IPOSE) Courses
- Management of Dyspnea
- Management of Depression and Anxiety in Cancer
- Patient Navigation
- Shoulder Rehab after Breast Cancer

Interprofessional Psychosocial Oncology Distance Education (IPOSE)

IPOSE courses focus on the psychosocial aspects of cancer care by combining independent eLearning and weekly online seminars. A range of innovative learning resources have been developed specifically for these courses, such as case study narratives, video-taped interviews, and dramatizations of individual, family and interprofessional situations. Online discussion boards will be maintained to explore course topics.

1

Interprofessional Psychosocial Oncology: Introduction to Theory and Practice

Psychosocial Oncology is a specialty area of cancer care that is concerned with the myriad of psychological, emotional, social and spiritual responses of persons affected by cancer. This course provides an opportunity for health care professionals to explore common psychosocial issues that individuals and families experience when an adult family member is diagnosed with cancer.

2

Sexual Health and Counselling in Prostate Cancer

The purpose of this 12 week course is to equip health care professionals with the skills and knowledge necessary to deliver sexual health support to patients and their partners impacted by prostate cancer. Education, support, and guidance in the development of future prostate cancer specific sexual health programs are also addressed.

3

Sexual Health in Cancer Part 1 & Sex Counselling in Cancer Part 2

The purpose of these two 7 week courses is to assist health care professionals in cancer care to integrate sexual health care in practice. Sexual concerns are one of the most common problems encountered in cancer care settings, yet they are the least likely to be discussed unless asked.



Canadian Association of Psychosocial Oncology
Association Canadienne d'Oncologie Psychosociale

projet
ÉDOPI IPOSE
project


www.deSouzaInstitute.com/IPOSE


for more information and to register.

Treatment and Delivery of Evidence-Based Care

Advanced Pain Assessment and Management

Examines the pathophysiology of cancer pain, cancer pain syndromes, pharmacological and non-pharmacological intervention for intractable pain in palliation. Participants will explore methods on how to conduct educational and advocacy work.

 0.5 credits

 24 hours

 Online & Virtual Class


Jan 22, 2024 - Mar 25, 2024

May 06, 2024 - Jul 08, 2024

Cancer Care Basics

Reviews foundational knowledge and concepts in cancer, current treatments and common side effects. It also addresses issues faced by cancer patients, including sexuality and survivorship. The content is tailored to the needs of clinicians who look after cancer patients in general hospitals and in the community. This course is accredited by the Canadian Nurses Association.

 0.5 credits

 25 hours


 Online

Start anytime

Community-based Chemotherapy and Biotherapy

Provides foundational knowledge of chemotherapy and biotherapy when caring for patients in the community. Key topics covered are commonly used drugs, toxicities, accidental spill management, as well as patient and family education.

 0.25 credits

 10 hours


 Online

Start anytime

Complex Malignant Hematology

Provides updated knowledge in complex malignant hematology topics including leukemia, lymphoma, multiple myeloma and aplastic anemia. This course also covers advances in Hematopoietic Stem Cell Transplantation (HSCT), highlighting HSCT associated complications/adverse effects and their management, as well as psychosocial and survivorship issues.

 1 credits

 40 hours


 Online

Start anytime

Cancer in Pregnancy

Prepares HCPs about to care for pregnant patients with breast cancer – including genetic considerations, obstetrical and neonatal monitoring, surgery, systemic therapy including supportive drugs, psychosocial support, and lactation support.

 0.0 credits

 5 hours

 Online

Start anytime

Foundations in Oncology Nursing Practice

Introduces the art and science of oncology practice. Fundamental concepts of cancer care will be presented for those who work with cancer patients. Insight into the four most common types of cancer: breast, lung, prostate and colorectal will be offered.



0.75 credits



40 hours



Online

Start anytime

Foundations of Cancer Disease Sites

Provides essential concepts for assessment, care and management in a variety of cancer disease sites. Choose the specific sites that are relevant to you and can be taken in any order. The disease sites covered are:

- Leukemia, lymphoma, multiple myeloma (Combined module)
- The following disease sites can be taken individually. Bladder, brain, breast, colorectal, cervical, esophageal, lung, liver, ovarian, pancreatic, prostate, GI, hematological malignancies, kidney, sarcoma, skin disease, testicular sites are available now.



up to 0.25 credits



up to 13.5 hours



Online

Start anytime

Management of Depression and Anxiety in Cancer

Promotes an evidence-based wholistic approach to care and management of depression and anxiety in individuals with cancer. The content and structure of the course is based on the Pan-Canadian Practice Guideline: Screening, Assessment and Management of Psychosocial Distress, Major Depression and Anxiety in Adults with Cancer.



0.25 credits



10 hours



Online

Start anytime

Management of Dyspnea

Promotes an evidence-based wholistic approach to dyspnea care, covering topics such as its assessment and treatment. This course was created in collaboration with Ontario Health.



0.125 credits



7 hours



Online

Start anytime

Provincial Standardized Chemotherapy and Biotherapy Course

Builds nursing knowledge and skills in standardized chemotherapy and biotherapy administration, and incorporates the latest provincial and national standards and guidelines. This course is a prerequisite for the maintenance course. Participants must be nurses. See page 4 for more info.



1.0 credits



35 hours



Online & Workshop

See Page 4 for
Upcoming Course Dates

Shoulder Rehab after Breast Cancer

Focuses on the assessment and rehabilitation of shoulder functional impairments following breast cancer treatment. This course was created in collaboration with Ontario Health.



0.25 credits



10 hours



Online


Start anytime


Therapeutic and Supportive Relationships

Cancer Survivorship:

Partnering with Patients to Improve their Experience

Developed with an interdisciplinary focus; highlights the best practices to help patients in self-management and self-care; in the three core areas of survivorship: managing health care needs, dealing with the consequences of cancer and its treatment, and adopting a healthy lifestyle.

 0.5 credits

 25 hours


 Online

Feb 26, 2024 - May 06, 2024

Oct 07, 2024 - Dec 16, 2024

The Palliative Approach to Care (EPC Series: Course 01)

The first course in our Education in Palliative Care (EPC) Course Series/ Certificate to integrate the palliative approach to care into your practice. With palliative care support, patients report fewer symptoms, better quality of life, and greater satisfaction with their care.

 0.5 credits

 18 hours

 Online

Start anytime

Symptom Assessment and Management in Palliative Care (EPC Series: Course 02)

Symptom management is a core skill in palliative care that improves the quality of life of patients living with serious illness. This second course covers the focused assessment and management of pain, delirium, nausea and vomiting, and dyspnea

 0.25 credits

 9 hours

 Online

Start anytime

End-of-Life Care, Grief, and Loss (EPC Series: Course 03)

Learn how to discuss the sensitive topics of life-sustaining therapy, the management of symptoms that occur as a patient is dying, and how to assess the ability of the patient, family, and care team to cope with loss, grief, and bereavement, in the third part of the EPC course series.

 0.25 credits

 9 hours

 Online

Start anytime

Interprofessional Psychosocial Oncology: Introduction to Theory and Practice (IPOSE)

Examines common individual and family experiences across the illness trajectory from a theoretical, empirical and clinical perspective in order to understand and assess distress and coping from a family centred standpoint.

 1.0 credits

 48 hours

 Online & Virtual Class

Jan 08, 2024 - Apr 22, 2024*

Mar 25, 2024 - Jul 01, 2024*

*Exact date to be confirmed

Developing Professional Practice and Leadership

Addressing Empathy Fatigue, Managing Grief for Healthcare Professionals

Learn how to recognize and assess the impact of grief and loss on clinical practice, and apply effective communication and coping mechanisms to reduce the risk of empathy fatigue.

 0.25 credits

 13 hours

 Online & Virtual Class

Jan 15, 2024 - Mar 11, 2024

Chemotherapy and Biotherapy Facilitator Course Part 2

In Part 2, participants must deliver the course (facilitate the workshop locally, or lead the full course) at least twice in a one year time frame. The facilitation activities will need to meet the requirements of a minimum of 15 hours duration (annually), and the session will have to include at least four health care providers.

 1.0 credits


 24 hours

 Online & Virtual Class

Please contact us for arrangements

Chemotherapy and Biotherapy Facilitator Course Part 2

In Part 2, participants must deliver the course (facilitate the workshop locally, or lead the full course) at least twice in a one year time frame. The facilitation activities will need to meet the requirements of a minimum of 15 hours duration (annually), and the session will have to include at least four health care providers.

 1.0 credits


 24 hours

 Online & Virtual Class

Please contact us for arrangements

Fundamentals of Leadership Effectiveness

Offered at the Michener Institute of Education at UHN, this course helps to establish the fundamental skills required for effective leadership in health care and is intended for healthcare professionals interested in leadership. This course is part of two CE certificate programs and offers de Souza designation credits.

 1.0 credits

 48 hours

 Online

See https://michener.ca/ce_course/fundamentals-leadership-effectiveness-online/ for offering dates and additional information

Introduction to Evidence Based Practice and Communication

Explores how to find evidence based information for clinical use by carrying out a systematic search process, and analyzing clinical literature for its quality, impact and applicability in practice using eHealth.

 0.25 credits

 14 hours

 Online

Feb 05, 2024 - Mar 11, 2024

Patient Teaching and Coaching

Patient Navigation

This course is designed to build health care providers' capacity to apply the principles of patient navigation across the cancer care continuum. Case studies are used to help discuss issues that patients may face during care.



0.5 credits



28 hours



Online

Jan 08, 2024 - Mar 18, 2024

May 06, 2024 - Jul 15, 2024

Patient Teaching for Oral Chemotherapy and Biotherapy

More patients are taking oral anti-cancer drugs at home. This online course will teach how to incorporate the MOATT(C) teaching tool into your practice, using three oral anti-cancer drugs as examples. This course is a collaboration with Ontario Health.



0.125 credits



5 hours



Online

Start anytime

Sexual Health and Counselling in Prostate Cancer (IPOSE)

Designed to equip health care professionals with the skills and knowledge necessary to deliver sexual health support to patients and families impacted by prostate cancer.



1.0 credit



40 hours



Online & Virtual Class

Exact Date to be Decided

Sexual Health in Cancer Part 1 (IPOSE)

Focuses on understanding sexual health issues that arise in cancer care and developing assessment and psycho-education skills.



0.5 credits



24 hours



Online & Virtual Class

Jan 08, 2024 - Mar 11, 2024

Sept, 2024 Date TBD

Sex Counselling in Cancer Part 2 (IPOSE)

Building on Sexual Health in Cancer Part 1, this course is designed for health professionals who have a counselling practice and wish to develop further knowledge and skill in sex counselling.



0.5 credits



24 hours



Online & Virtual Class


Apr 02, 2024 - Jun 03, 2024


Certification Preparation and Continuing Competency Support

Courses in this category help you attain specialty certification or provide competency maintenance support for your practice. These courses do not provide credits towards a de Souza designation.

Chemotherapy Competency Maintenance

Designed for nurses to review their practice and receive up-to-date new information in systemic cancer treatment every 24 months.

 0.0 credits


 5 hours


 Online

Offered on a monthly basis, check online course calendar for exact dates

CNA Hospice Palliative Care Study Group

Provides an online preparatory study group to assist nurses for the CNA National Hospice Palliative Care Specialty Certification exam.

 0.0 credits

 20 hours


 Online


Feb 19, 2024 - May 13, 2024

Aug 12, 2024 - Nov 18, 2024

CNA Oncology Exam Study Group

Provides an online preparatory study group to assist nurses preparing for the CNA National Oncology Specialty Certification exam.

 0.0 credits

 27 hours


 Online


Jan 08, 2024 - May 13, 2024

Jul 03, 2024 - Nov 20, 2024

CNA Gerontology Study Group

Provides online preparatory study group to assist nurses for the CNA Gerontology exam.

 0.0 credits



 20 hours

 Online

Feb 19, 2024 - May 13, 2024

Aug 12, 2024 - Nov 18, 2024

There are several different pathways you can take to obtain your de Souza designation depending on your education, availability and goals. Shown below is a timeline of potential courses for general nurses and oncology nurses to work towards the de Souza Nurse Associate and de Souza Nurse titles respectively. You can apply for your de Souza designation after obtaining a total of 4.0 credits, with at least one course from each of the four domains. Contact us at support@desouzainstitute.com to learn more and to create a pathway that works for you.

	GENERAL NURSE	ONCOLOGY NURSE
0 - 1 year	Cancer Care Basics (0.5 credits) Management of Dyspnea (0.125)	Foundations in Oncology Nursing Practice (0.75) Management of Dyspnea (0.125) Patient Teaching for Oral Chemotherapy and Biotherapy (0.125)
1 - 2 years	Cancer Survivorship (0.5)	Cancer Survivorship (0.5) Management of Anxiety and Depression (0.25) RN to write CNA Oncology Certification Exam – Oncology Study group available Provincial Standardized Chemotherapy and Biotherapy (1.0)
2 - 5 years	Introduction to Evidence Based Practice and Communication (0.25) Foundations of Cancer Disease Sites (credits vary) Advanced Pain Assessment and Management (0.5) Patient Navigation (0.5) Management of Anxiety and Depression (0.25)	Introduction to Evidence Based Practice and Communication (0.25) Foundations of Cancer Disease Sites (credits vary) Advanced Pain Assessment and Management (0.5) Interprofessional Psychosocial Oncology: Introduction to Theory and Practice (1.0)
		
	de Souza Nurse Associate	de Souza Nurse

Special rate for the purchase of three or more courses:

INDIVIDUAL	Purchases three or more courses and pays for them with one cheque or credit card
ORGANIZATION	Purchases three or more courses for their employees and pays for them with credit card payment or Electronic Funds Transfer
3+ INDIVIDUALS	One individual in the group purchases three or more of the course(s) and pays for the total amount in one cheque or credit card

Note: Group pricing is subject to change at the discretion of de Souza Institute. Group pricing is also subject to the Institute's Cancellation, Incomplete or No Show Policy and other policies. Only one (1) receipt will be issued to the purchaser. Receipts will not be issued to each individual in a group.

For organizations or individuals interested in developing packages specific to their needs, please contact us at support@desouzainstitute.com to discuss options and group discount.

de Souza Institute's Top Courses:



COURSE PACKAGE EXAMPLES

1

Person-Centred Care Series

de Souza Institute is committed to supporting health care organizations in their effort to enhance patient experience. In order to provide person-centred care, a team based approach is required to co-ordinate and manage all aspects of care. The following courses are suggested:

- Cancer Survivorship: Partnering with Patients to Improve Their Experience
- Education in Palliative Care (EPC) Course Series
- Patient Navigation

2

RPN Series

de Souza Institute supports RPNs working in the community, hospitals or long-term care facilities by providing education in oncology and palliative care. Suggested courses include:

- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Cancer Care Basics
- Patient Teaching for Oral Chemotherapy and Biotherapy

3

Hospice Palliative Care Series

Health care professionals in palliative care offer patients and their families a variety of support whether it is emotional care, spiritual care, pain and symptom management or bereavement counselling. de Souza Institute offers several courses to support health care professionals:

- Advanced Pain Assessment and Management
- Canadian Nurses Association Exam Study Group for Hospice Palliative Care
- Education in Palliative Care Course Series
- Management of Dyspnea
- Management of Depression and Anxiety

4

Primary Care Series

de Souza Institute provides educational courses to support primary care professionals who see cancer patients and their families:

- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Education in Palliative Care Course Series
- Interdisciplinary Psychosocial Oncology Distance Education Series Courses (IPOSE)

de Souza Institute is headquartered at the University Health Network and collaborates with a variety of other educational groups as part of the Education portfolio at UHN. Together we provide a broad range of education programs to meet the emerging and evolving health human resource needs of our healthcare system.

LEARN ABOUT OUR PROGRAMS

You can learn more about UHN's programs that enable the continuing education and professional development goals of a full range of healthcare providers:

For programs at Michener visit:

▶ www.michener.ca/ce

For interprofessional education at the Centre for Advancing Collaborative Healthcare & Education (CACHE), visit:

▶ www.ipe.utoronto.ca

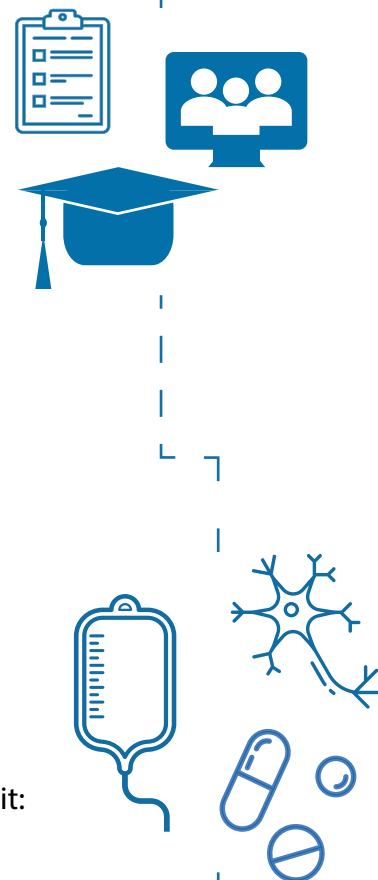
For Conference Services and the BMO Education and Conference Centre, visit:

▶ www.uhn.ca/Education/conference_services

▶ www.uhnbmocentre.ca/

For information about observership-based and personalized learning at the UHN hospitals, visit:

▶ www.uhn.ca/Education/About-Us/Portfolios/CEPD/ICE



UHN

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