

2020 - 2021

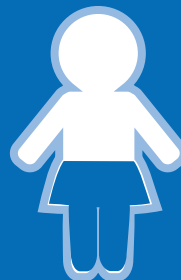
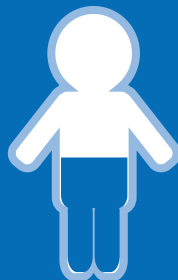
COURSE CALENDAR

Quality continuing education for
health care professionals

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IN CANADA

50%
of men



45%
of women

will develop cancer in their lifetime

ABOUT US

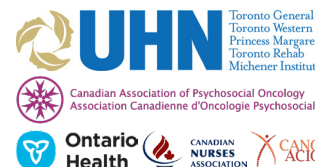
In 2008, the Ontario government funded de Souza Institute to support nurses that care for cancer patients and their families. In 2013, de Souza Institute expanded its mandate to include other health care professionals. Through de Souza Institute, health care professionals obtain the specialized skills requires to guide and help cancer patients throughout their journey (prevention, screening, diagnosis, treatment, survivorship and palliation).

MISSION

To inspire and empower health care professionals to provide the best cancer and palliative care through education and mentorship.

PARTNERS

de Souza Institute is pleased to partner with the Ministry of Health and Long-Term Care, Cancer Care Ontario and University Health Network (UHN) to offer the best continuing education in cancer and palliative care.



17 000+
HEALTH PROFESSIONALS



500 000+
LEARNING HOURS



WHAT IS A DE SOUZA DESIGNATION?

A de Souza Designation is awarded to a healthcare professional who has completed one of the de Souza Institute comprehensive learning pathways shown below. de Souza Designates are well-regarded health care professionals possessing strong clinical and leadership skills in oncology or palliative care. They have the up to date knowledge to deliver complex treatments, alleviate pain and other symptom related suffering and address psychosocial needs of patients and families.

	INTERN	NURSE ASSOCIATE	NURSE	APN	SCHOLAR
Education	Nursing student	RN, RPN, or LPN	RN	APN	PhD or Post-Doctorate
Credits Required*	2.0	4.0	4.0	4.0	
Required Courses	FOND	CANB, FOND or PSCB	CANB, FOND or PSCB	CANB, FOND or PSCB	
Registered with College of Nurses		✓	✓	✓	✓
Clinical Experience	One placement	1950 hours	1950 hours	1950 hours	
Certified in Oncology or Hospice Palliative Care**			✓	✓	
Clinical Fellowship			75 hours	150 hours	
Research Project				✓	✓

* with a minimum of one course from each domain

** by the Canadian Nurses Association (CNA), the Certified Pediatric Hematology Oncology Nurse (CPHON) or the Oncology Nursing Certification Corporation (ONCC) in the USA

DOMAINS

de Souza courses are organized within four domains of practice with the domains drawn from the Canadian Association of Nurses in Oncology (CANO/ACIO) competencies standards for specialized oncology nursing practice. To obtain your de Souza Designation, you must achieve 4.0 course credits with at least one course completed from each of the four domains.

1

Treatment and Delivery of Evidence Based Care

These courses are about developing skills and knowledge in treating and delivering cancer and palliative care. Course teachings are based on best practices and provincial and Canadian standards.

2

Therapeutic and Supportive Relationships

These courses address engaging in caring relationships with cancer patients and their families. These courses focus on the professional's role in being supportive and sensitive to a patient's changing physical and psychosocial responses.

3

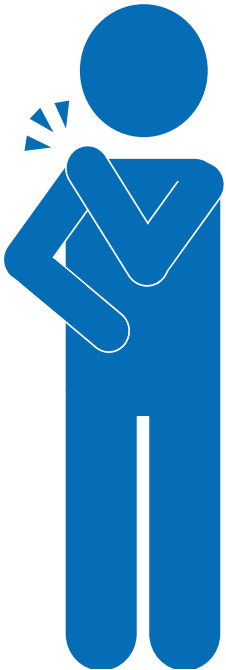
Developing Professional Practice and Leadership

Engaging in critical thinking, integrating best practice and evidence based knowledge, exercising ethical judgment and advocating for change are the foundation of courses under this category.

4

Patient Teaching and Coaching

These courses help health professionals prepare individuals living with cancer and their families to manage the many aspects of the cancer experience. Courses are geared towards helping provide patient education, psychosocial support and counselling.



Shoulder Rehab after Breast Cancer

The Shoulder Rehab after Breast Cancer course was created in collaboration between Cancer Care Ontario (CCO) and de Souza Institute. The content and structure is based on the **R**educing **E**ffects on the **S**houlder **T**hrough **O**ncology **R**ehab and **E**ducation (RESTORE) program. This course consists of five online modules based on the latest evidence:

- ▶ Functional Impairment of the Shoulder
- ▶ Myofascial Release
- ▶ Cording or Axillary Web Syndrome
- ▶ Scar Management
- ▶ Lymphedema

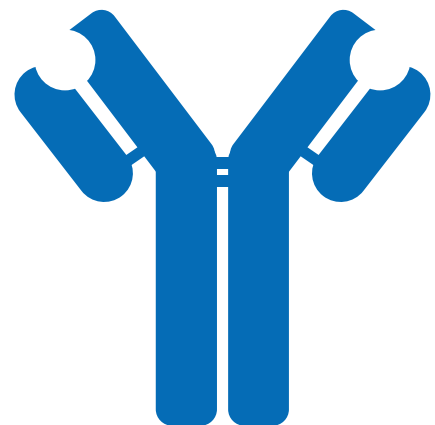
1

2

Complex Malignant Hematology

Cancer care is changing rapidly, and no area is changing faster than complex malignant hematology. This is a comprehensive course covering core competency areas in managing hematological malignancies. This course is designed to equip you with the knowledge you need to succeed in this challenging and rewarding subspecialty. It is divided into twelve sections with forty-four modules in total, written by experienced clinical practitioners. Topics include:

- ▶ Multiple Myeloma
- ▶ Lymphoma
- ▶ Leukemia
- ▶ Aplastic Anemia
- ▶ Oncological Emergencies



In addition to nursing-specific courses, de Souza Institute offers courses with an interprofessional focus, which may be of interest to: physicians, social workers, occupational therapists, physiotherapists, pharmacists, spiritual care providers, psychologists and radiation therapists. These courses include:

- Advanced Pain Assessment and Management
- Cancer Care Basics
- Cancer Survivorship: Partnering with Patients to Improve their Experience
- Community-based Chemotherapy and Biotherapy
- Education in Palliative and End-of-Life Care (EPEC™-O) - Workshop
- Interprofessional Education in Palliative and End-of-Life Care - Oncology (iEPECO)
- Introduction to Hospice Palliative Care
- Introduction to Evidence Based Practice and Communication
- Interprofessional Psychosocial Oncology Distance Education (IPOSE) Courses
- Management of Dyspnea
- Management of Depression and Anxiety in Cancer
- Patient Navigation
- Shoulder Rehab after Breast Cancer

Interprofessional Psychosocial Oncology Distance Education (IPOSE)

The main mechanisms to facilitate learning in these courses are eLearning, independent study of the course materials and weekly online seminars. A range of innovative learning resources have been developed specifically for these courses, such as case study narratives, video-taped interviews, and dramatizations of individual, family and interprofessional situations. Online discussion boards will be maintained to explore course topics.

1

Interprofessional Psychosocial Oncology Part I: Introduction to Theory and Practice

Psychosocial Oncology is a specialty area of cancer care that is concerned with the myriad of psychological, emotional, social and spiritual responses of persons affected by cancer. This course provides an opportunity for health care professionals to explore common psychosocial issues that individuals and families experience when an adult family member is diagnosed with cancer.

2

Interprofessional Psychosocial Oncology Part II: Working with Patients and Families in Distress

The emphasis of this course will be on exploring the interprofessional care of families experiencing cancer along the illness trajectory from diagnosis through to bereavement or long term survivorship. Using case based learning in small interprofessional groups, participants will explore a variety of key learning themes relevant to the interprofessional care of families.

3

Sexual Health in Cancer Part 1 & Sex Counselling in Cancer Part 2

The purpose of these two 7 week courses is to assist health care professionals in cancer care to integrate sexual health care in practice. Sexual concerns are one of the most common problems encountered in cancer care settings, yet they are the least likely to be discussed unless asked.



Canadian Association of Psychosocial Oncology
Association Canadienne d'Oncologie Psychosociale

projet
ÉDOPI IPOSE
project

www.deSouzaInstitute.com/IPOSE


for more information and to register.

Treatment and Delivery of Evidence Based Care

Advanced Pain Assessment and Management

Examines the pathophysiology of cancer pain, cancer pain syndromes, pharmacological and non-pharmacological intervention for intractable pain in palliation. Participants will explore methods on how to conduct educational and advocacy work.

 0.5 credits

 24 hours

 Online & webcast

Sept 14, 2020 - Nov 16, 2020


Jan 25, 2021 - Apr 5, 2021

May 3, 2021 - Jul 12, 2021

Cancer Care Basics

Reviews foundational knowledge and concepts in cancer, current treatments and common side effects. It also addresses issues that cancer patients face: sexuality and survivorship. The content is tailored to the needs of clinicians who look after cancer patients in general hospitals and in the community.

 0.5 credits

 20 hours


 Online

Start anytime

Community-based Chemotherapy and Biotherapy

Provides foundational knowledge of chemotherapy and biotherapy when caring for patients in the community. Key topics covered are commonly used drugs, toxicities, accidental spill management as well as patient and family education. This course was created in collaboration with Cancer Care Ontario.

 0.25 credits

 10 hours

 Online

Start anytime

Complex Malignant Hematology

Provides updated knowledge in complex malignant hematology topics including leukemia, lymphoma, multiple myeloma and aplastic anemia. This course also covers advances in Hematopoietic Stem Cell Transplantation (HSCT), highlights HSCT associated complications/adverse effects and their management, as well as psychosocial and survivorship issues.

 0.25 credits

 40 hours

 Online

Start anytime

Foundations in Oncology Nursing Practice

Introduces the art and science of oncology practice. Fundamental concepts of cancer care will be presented for those who work with cancer patients. Insight into the four most common types of cancer: breast, lung, prostate and colorectal will be offered.

 0.75 credits

 40 hours


 Online

Start anytime

Foundations of Cancer Disease Sites Part A, B, C & D

Provides essential concepts for assessment, care and management in a variety of cancer disease sites. Each Part covers different sites and can be taken in any order. The disease sites covered are:

- Part A: leukemia, lymphoma, multiple myeloma
- Part B: head and neck, GI, endocrine, skin
- Part C: sarcoma, GU, gynecological, CNS cancers
- Part D: lung, colorectal, breast, and prostate.

 0.25 credits

 12.5 hours


 Online

Start anytime

Foundations of Oncology for ER Nurses

Covers approaches to address the issues of cancer patients in the ER setting with pending/diagnosed oncologic emergencies as a result of either the disease or its treatment.

 0.5 credits


 25 hours

 Online

Available as custom offering
for a group of 20+

Interprofessional Education in Palliative and End-of-Life Care - Oncology

Covers a comprehensive curriculum in palliative and end-of-life care topics, including core competencies in symptom management, ethical issues and communication skills in palliative care. CME credits: 17.0 Mainpro+ credits, and 17.0 Section 1 hours.

 1.0 credits

 35 hours

 Online

Start anytime

Management of Depression and Anxiety in Cancer

This course promotes an evidence-based wholistic approach to care and management of depression and anxiety in individuals with cancer. The content and structure of the course is based on the Pan-Canadian Practice Guideline: Screening, Assessment and Management of Psychosocial Distress, Major Depression and Anxiety in Adults with Cancer.

 0.25 credits


 10 hours


 Online

Start anytime

Management of Dyspnea

Promotes an evidence-based wholistic approach to dyspnea care by increasing knowledge about dyspnea, and its assessment and treatment. This course was created in collaboration with Cancer Care Ontario (CCO) and de Souza Institute.

 0.125 credits

 7 hours

 Online

Start anytime

Provincial Standardized Chemotherapy and Biotherapy Course

Builds nursing knowledge and skills in holistic, standardized chemotherapy, and biotherapy administration. Participants must be Registered Nurses with vascular access device competence.



1.0 credits



35 hours



Online & in-class

Sept 14, 2020 - Nov 30, 2020

Jan 11, 2021 - Mar 29, 2021

Apr 6, 2021 - Jun 21, 2021

Shoulder Rehab after Breast Cancer

Focuses on the impact of cancer treatment on shoulder impairment in breast cancer and provides examples on rehab for interprofessional clinicians. This course was created in collaboration with CCO and TRI.



0.25 credits



10 hours



Online

Start anytime

Therapeutic and Supportive Relationships

Cancer Survivorship: Partnering with Patients to Improve their Experience

Developed with an interdisciplinary focus; highlights the best practices to help patients in self-management and self-care; in the three core areas of survivorship: managing health care needs, dealing with the consequences of cancer and its treatment, and adopting a healthy lifestyle.



0.5 credits



25 hours



Online

Sept 21, 2020 - Nov 30, 2020

Feb 08, 2021 - Apr 19, 2021

Interprofessional Psychosocial Oncology Part I: Introduction to Theory and Practice (IPOSE)

Examines common individual and family experiences across the illness trajectory from a theoretical, empirical and clinical perspective in order to understand and assess distress and coping from a family centered standpoint.



1.0 credits



48 hours



Live online

Aug 24, 2020 - Dec 7, 2020

Jan 11, 2021 - Apr 26, 2021

Introduction to Hospice Palliative Care

Introduces key communication, assessment and symptom management best practices in HPC. Highlights the palliative approach centered on the needs of patients and families from diagnosis to end of life care.



0.25 credits



10 hours



Online

Sept 21, 2020 - Nov 2, 2020

Jan 18, 2021 - Mar 1, 2021

Apr 6, 2021 - May 17, 2021

Developing Professional Practice and Leadership

Chemotherapy and Biotherapy Facilitator Course Part 1

A two part course designed to help RNs interested in facilitating de Souza Institute's Provincial Standardized Chemotherapy and Biotherapy Course in their local organization. In Part 1, the necessary skills are developed by completing the Provincial Standardized Chemotherapy and Biotherapy course. CON(C) credential is required.



0.0 credits



6.5 hours



Online & in-class

Please contact us for arrangements

Chemotherapy and Biotherapy Facilitator Course Part 2

In Part 2, participants must deliver the course (facilitate the workshop locally, or lead the full course) at least twice in a one year time frame. The facilitation activities will need to meet the requirements of a minimum of 15 hours duration (annually), and the session will have to include at least four health care providers.



1.0 credits



24 hours



In-class

Please contact us for arrangements

Education in Palliative and End-of-Life Care - Oncology

An interprofessional workshop that covers palliative and end-of-life care topics, including core competencies in symptom management, ethical issues and communication skills in palliative care.



0.25 credits



7.5 hours



Online & in-class

Available as a custom offering for a group of 20+

Fundamentals of Leadership Effectiveness

Offered at the Michener Institute, this course helps to establish the fundamental skills required for effective leadership in health care and is intended for healthcare professionals interested in leadership. Part of two certificate programs at Michener Institute.



1.0 credits



48 hours



Online

See https://michener.ca/ce_course/fundamentals-leadership-effectiveness-online/ for offering dates and additional information

Introduction to Evidence Based Practice and Communication

Explores how to find evidence based information for clinical use by carrying out a systematic search process, and analyzing clinical literature for its quality, impact and applicability in practice using eHealth.



0.25 credits



14 hours



Online

Sep 14, 2020 - Oct 26, 2020

Feb 08, 2021 - Mar 22, 2021

Patient Teaching and Coaching

Engaging Patients in Managing Chronic Illness

Offered at the Michener Institute, this course will help you to explore theories and practices pertaining to behavioural change counseling.

 0.5 credits  40 hours  Online

See <http://michener.ca/ce/course/engaging-patients-in-managing-chronic-illness/> for offering dates and additional information

Interprofessional Psychosocial Oncology Part II: Working with Patients and Families in Distress (IPOSE)

Focuses on developing interprofessional knowledge and skills in caring for families experiencing cancer across the illness trajectory.

 1.0 credits  48 hours  Live online

Sep 7, 2020 - Dec 14, 2020

Patient Navigation

Identifies the supportive care needs of patients and their adjustment process from diagnosis to end of life care. Applies the principles of navigation to enhance patient experiences throughout the journey.

 0.5 credits  28 hours  Online

Sep 14, 2020 - Nov 23, 2020

Jan 11, 2021 - Mar 22, 2021

May 3, 2021 - Jul 12, 2021

Patient Teaching for Oral Chemotherapy and Biotherapy

More patients are taking oral anti-cancer drugs at home. This online course will teach how to incorporate the MOATT(C) teaching tool into your practice, using three oral anti-cancer drugs as examples. Collaboration between Cancer Care Ontario (CCO) and de Souza Institute.

 0.125 credits  5 hours  Online

Start anytime

Sexual Health in Cancer Part 1(IPOSE)

Focuses on understanding sexual health issues that arise in cancer care and developing assessment and psycho-education skills.

 0.5 credits  26 hours  Live online

Aug 31, 2020 - Nov 2, 2020

Jan 11, 2021 - Mar 22, 2021

Sex Counselling in Cancer Part 2 (IPOSE)

Building on Sexual Health in Cancer Part 1, this course is designed for health professionals who have a counselling practice and wish to develop further knowledge and skill in sex counselling.

 0.5 credits  26 hours  Live online


Oct 19, 2020 - Dec 21, 2020


Certification Preparation and Continuing Competency Support

Courses in this category help you attain specialty certification or provide competency maintenance support for your practice. These courses do not provide credits towards a de Souza designation.

Chemotherapy Competency Maintenance

Designed for nurses to review their practice and receive up-to-date new information in chemotherapy and biotherapy on an annual basis.

 0.0 credits

 5 hours

 Online

Offered on a monthly basis, check online course calendar for exact dates

CNA Hospice Palliative Care Study Group

Provides an online preparatory study group to assist nurses for the CNA National Hospice Palliative Care Specialty Certification exam.

 0.0 credits

 16.5 hours

 Online


Sep 7, 2020 - Nov 23, 2020


Feb 16, 2021 - May 31, 2021

CNA Oncology Exam Study Group

Provides an online preparatory study group to assist nurses preparing for the CNA National Oncology Specialty Certification exam.

 0.0 credits

 27 hours


 Online

Jul 6, 2020 - Nov 23, 2020

Jan 11, 2021 - May 31, 2021

Pediatric Hematology/Oncology Nurse Certification Exam Study Group

Provides online preparatory study group to assist pediatric nurses for the Certified Pediatric Hematology Oncology Nurse (CPHON®) Exam.



 0.0 credits

 40 hours

 Online & in-class

Offered in March, once every two years

There are several different pathways you can take to obtain your de Souza designation depending on your education, availability and goals. Shown below is a timeline of potential courses for general nurses and oncology nurses to work towards the de Souza Nurse Associate and de Souza Nurse titles respectively. You can apply for your de Souza designation after obtaining a total of 4.0 credits, with at least one course from each of the four domains. Contact us at support@desouzainstitute.com to learn more and to create a pathway that works for you.

	GENERAL NURSE	ONCOLOGY NURSE
0 - 1 year	Cancer Care Basics (0.5 credits) Management of Dyspnea (0.125) Introduction to Hospice Palliative Care (0.25)	Foundations in Oncology Nursing Practice (0.75) Management of Dyspnea (0.125) Introduction to Hospice Palliative Care (0.25) Patient Teaching for Oral Chemotherapy and Biotherapy (0.125)
1 - 2 years	Cancer Survivorship (0.5)	Cancer Survivorship (0.5) Management of Anxiety and Depression (0.25)
2 years (3900 hours)		RN to write CNA Oncology Certification Exam – Oncology Study group available
2 - 5 years	Introduction to Evidenced Based Practice and Communication (0.25) Foundations of Cancer Disease Sites A, B, C & D (0.25 each) Advanced Pain Assessment and Management (0.5) Patient Navigation (0.5) Management of Anxiety and Depression (0.25)	Introduction to Evidenced Based Practice and Communication (0.25) Foundations of Cancer Disease Sites A, B, C & D (0.25 each) Advanced Pain Assessment and Management (0.5) Provincial Standardized Chemotherapy and Biotherapy (1.0) Interprofessional Psychosocial Oncology: Introduction to Theory and Practice (1.0)
		
	de Souza Nurse Associate	de Souza Nurse

Special rate for the purchase of three or more courses:

INDIVIDUAL	purchases three or more courses and pays for them with one cheque or credit card
ORGANIZATION	purchases one or more for three or more of their employees and pays for them with one cheque or credit card payment
3+ INDIVIDUALS	one individual in the group purchases three or more of the course(s) and pays for the total amount in one cheque or credit card

Note: Group pricing is subject to de Souza Institute's Cancellation, Incomplete or No Show Policy and other policies. Only one (1) receipt will be issued to the purchaser. Receipts will not be issued to each individual in a group.

For organizations or individuals interested in developing packages specific to their needs, please contact us at support@desouzainstitute.com to discuss options and group discount.

de Souza Institute's Top Courses:



COURSE PACKAGE EXAMPLES

1

Person-Centred Care Series

de Souza Institute is committed to supporting health care organizations in their effort to enhance patient experience. In order to provide person-centred care, a team based approach is required to co-ordinate and manage all aspects of care. The following courses are suggested:

- Cancer Survivorship: Partnering With Patients to Improve Their Experience
- Education on End of Life and Palliative Care (EPEC™-O)
- Patient Navigation

2

RPN Series

de Souza Institute supports RPNs working in the community, hospitals or long-term care facilities by providing education in oncology and palliative care. Suggested courses include:

- Cancer Survivorship: Partnering With Patients to Improve their Experience
- Cancer Care Basics
- Patient Teaching for Oral Chemotherapy and Biotherapy
- Introduction to Hospice Palliative Care

3

Hospice Palliative Care Series

Health care professionals in palliative care offer patients and their families a variety of support whether it is emotional care, spiritual care, pain and symptom management or bereavement counselling. de Souza Institute offers several courses to support health care professionals:

- Advanced Pain Assessment and Management
- Canadian Nurses Association Exam Study Group for Hospice Palliative Care
- Interprofessional Education in Palliative and End-of-Life Care - Oncology
- Management of Dyspnea
- Management of Depression and Anxiety

4

Primary Care Series

de Souza Institute provides educational courses to support primary care professionals who see cancer patients and their families:

- Cancer Care Basics
- Cancer Survivorship: Partnering With Patients to Improve their Experience
- Interprofessional Education in Palliative and End-of-Life Care - Oncology
- Interdisciplinary Psychosocial Oncology Distance Education Series Courses (IPODE)

de Souza Institute is headquartered at UHN and collaborates with a variety of other educational groups as part of the Collaborative and Transformative Learning portfolio. Collaboration speaks to our growing emphasis on interprofessional education and care, and transformation refers to the long-lasting, socially accountable impacts we can make on the health care system through educational experience. The programs and services within the portfolio offer many exciting opportunities for you to take the next step in your career.



Continuing Education at The Michener Institute of Education at UHN

Continuing Education (CE) at the St. Patrick Campus of The Michener Institute of Education at UHN has a long history of being here for you – the busy professionals who are leading the transformation of our health care system. For almost 60 years, lifelong learning has been at the heart of CE's innovative program and education solutions that prepare health care providers to take their careers to the next level.

Visit michener.ca/ce to start advancing your career today, and follow [@CEMichenerUHN](https://twitter.com/CEMichenerUHN) to stay connected.



UHN International Centre for Education™ (UHN ICE™)

The UHN ICE™ is based at the Toronto General Hospital and St. Patrick Campuses of The Michener Institute of Education at UHN. The Personalized Learning Program™ (PLP™) is an observership-based opportunity available in all healthcare professions across UHN Campuses. Through the application process, learners can identify their unique continuing education or professional development goals, which the team will use to create a customized learning experience.

Email uhnice@uhn.ca for more information about the PLP™, or visit: uhn.ca/Education/About-Us/Portfolios/CEPD/ICE



Centre for Interprofessional Education (IPE)

The IPE was founded as a strategic partnership between the University of Toronto and the University Health Network (UHN) as the lead hospital for the Toronto Academic Health Sciences Network. As an international leader in IPE and interprofessional care, the Centre builds capacity for collaboration locally to globally among health care learners, educators, practitioners, scholars and leaders.

Visit ipe.utoronto.ca to learn about the professional development programs available.




Conference Services

The Conference Services department at UHN is a one-stop-shop for all event and education planning needs. The dedicated team will work with you every step of the way to help develop and deliver a professional, worry-free event. The BMO Education and Conference Centre, a state-of-the-art facility is a full service event venue, featuring 2,820 square feet of configurable and flexible, pillar-less meeting space.

For ongoing listings of upcoming events, please visit uhn.ca/Education/conference_services, and contact us for a quote: kim.hussey@uhn.ca

CONTACT US

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