

Foundations of Cancer Disease Sites, Part D (CDSD)

Lung, Colorectal, Breast, and Prostate

COURSE SYLLABUS (CDSD000DM19)

2019

Course Facilitator: Donalda MacDonald

Course Author: Donalda MacDonald

Course Offering: de Souza Institute Course Format: eLearning Contact Information: Donalda MacDonald, <u>donalda.macdonald@desouzainstitute.com</u> Technical Support: <u>support@desouzainstitute.com</u> Registration: Required

Prerequisite: Cancer Care Basics (CANB)

Course exclusion: If you have already completed the *Foundations in Oncology Nursing Practice* (FONP) course, you cannot take this course. The course content in CDSD was covered in FONP.

A. COURSE DESCRIPTION

Foundations of Cancer Disease Sites, Part D covers cancer care competencies in managing the four most common disease sites - lung, colorectal, breast, and prostate. There are 8 modules in total, covering disease site specific prevalence and incidence, risk factors, signs and symptoms, and more importantly, the latest updates in screening, biomarkers in diagnostics, treatment options, and survivorship care. The information presented in this course is fundamental to those who work with oncology patients and their families.

Although you can complete the various components of the course at your own pace, you must complete the course, in its entirety, within **eight weeks** of the course start date (this date can be found on the course information page in *My Account*).

Domain of Practice Treatment and Delivery of Evidence Based Care

Learning Hours 12.5 hours

de Souza Credit 0.25 credits

B. COURSE OBJECTIVES

By the end of this course, you will be able to:

- Describe the anatomy and normal physiology of each cancer disease site.
- Describe the etiology and epidemiology, and identify the risk factors for each disease site.
- Review the pathophysiology of each cancer site.
- Describe the process for diagnosis specific for each site.
- Review any screening recommendations for each cancer site, if applicable.
- Describe the staging for each cancer disease site including prognostic indicators where available.
- Discuss treatment modalities currently being used for each site.
- Describe survivorship issues including follow-up care for each site.

C. MODE OF LEARNING: eLearning

The eLearning environment fosters a self-directed approach. You can progress through the modules and exercises at a convenient time, at home or work. The course timetable, in **Section F** of the course syllabus, outlines our suggested weekly expectations for participants.

- <u>eLearning Modules</u>: Sections and modules were developed by the de Souza education team to reflect the latest knowledge in cancer disease sites. The content is up-to-date and includes interactive application exercises and links to the latest clinical guidelines.
- <u>Study Guides</u>: Each disease site has a printable study guide that you will print and fill in as you progress through the interactive course modules.

D. MODES OF EVALUATION

As part of the evaluation process, you are required to complete the following:

- <u>A Baseline Evaluation</u>: This survey assesses your knowledge, attitude, confidence, and learning methods before you begin the eLearning modules for the course.
- <u>eLearning Modules</u>: You must complete all 8 modules by the course end date.
- <u>Case Study Based Quizzes</u>: There is a final case-based quiz for each disease site. Each disease site quiz consists of 7 multiple choice questions. You must answer 5/7 questions correctly (70%) to pass. You have **two attempts** at each quiz to achieve a passing grade.
- **<u>Post evaluation</u>**: At the end of the course, you will be required to complete a post course evaluation. This will be facilitated electronically through eLearning.

When you have met the all of the above requirements, you will receive **12.5 learning hours**, **0.25 de Souza credits** towards obtaining your de Souza designation, and a downloadable certificate of completion via your "my Account". Please note: the certificate of completion will be available two weeks after the closing of the online course.

E. EXPECTATIONS FOR PARTICIPANTS

To be successful in completing this course, you are encouraged to set aside 2 to 3 hours each week to complete each section, as learning is self-directed. The total learning hours for this course is 12.5 hours.

Lung Cancer	3.5 hours
Colorectal Cancer	3 hours
Breast Cancer	3.5 hours
Prostate Cancer	2.5 hours
TOTAL	12.5 learning hours

Your course activity completion will be reflected in your **grade book**. You are expected to complete all four disease sites through the eLearning system.

F. SUGGESTED COURSE TIMELINE

You **do not** have to complete the disease sites sequentially; you may complete the four disease sites in any order. However, you must complete all course requirements within eight weeks of starting the course.

	Suggested Weekly eLearning Activities
Week 1	 ✓ Participant Baseline Survey ✓ Download and Print the Lung Cancer Study Guide ✓ Lung Cancer - Module 01: Lung Cancer Introduction ✓ Lung Cancer - Module 02: Non-small Cell Lung Cancer (NSCLC)
Week 2	 ✓ Lung Cancer - Module 03: Small Cell Lung Cancer (NSCLC) ✓ Lung Cancer - Practice Activity: Comparison of NSCLC and SCLC ✓ Lung Cancer Quiz ✓ Lung Cancer Learner Evaluation

Week 3	 ✓ Download and Print the Colorectal Cancer Study Guide ✓ Colorectal Cancer - Module 01: Colorectal Cancer
Week 4	 ✓ Colorectal Cancer Quiz ✓ Colorectal Cancer Learner Evaluation
Week 5	 ✓ Download and Print the Breast Cancer Study Guide ✓ Breast Cancer - Module 01: Epidemiology, Pathology & Screening ✓ Breast Cancer - Module 02: Diagnosis & Staging
Week 6	 ✓ Breast Cancer - Module 03: Treatment & Survivorship ✓ Breast Cancer Quiz ✓ Breast Learner Evaluation
Week 7	 ✓ Download and Print the Prostate Cancer Study Guide ✓ Prostate Cancer - Module 01: Prostate Cancer
Week 8	 ✓ Prostate Cancer Quiz ✓ Prostate Cancer Learner Evaluation

G. FACILITATOR AVAILABILITY

This course is self-directed. The course facilitator will:

- Answer your questions related to course content.
- Monitor the registration process.
- Be available to you for questions throughout the course.

You can expect the facilitator to respond to your questions within 24-hours during the week and within 48 hours on the weekend.

Course facilitator: Donalda MacDonald - donalda.macdonald@desouzainstitute.com

Technical support is available by contacting support@desouzainstitute.com

H. FACILITATOR'S BIOGRAPHY

Donalda MacDonald, RN, CON(C)

Donalda has been an oncology nurse for 44 years, 35 years working in clinical oncology at Mount Sinai Hospital in Toronto, and the last 9 as an educator at de Souza. Her lifelong education focus has been on the novice oncology nurse, whether that nurse is a new grad or someone transferring into oncology from another clinical area. Donalda has held certification in oncology from both the Oncology Nursing Society and the CNA since 1998. She has served on the board of directors for the Canadian Association of Nurses in Oncology for seven years, five of which she was treasurer. Donalda has done item writing and been a reviewer for the CNA oncology certification exam. In 2008, Donalda was nominated by her oncology peers and was one of the 100 nurses from across Canada to receive the CNA Centennial Award honouring her work in education of novice oncology nurses. In 2014, she received the CANO-ACIO Lifetime Achievement Award.

I. VIRTUAL LIBRARY

de Souza Institute has a virtual library <u>http://links.desouzainstitute.com/library</u> that you can access while registered in this course or any of the other de Souza Institute courses. This resource enables you to access to e-Journals, e-books and on-line databases such as CINHAL or Ovid-Medline. You can use the virtual library to access the additional reading materials for your course. The virtual library can be accessed 24 hours a day online using a login and password.

J. TECHNICAL SUPPORT

eLearning Centre Orientation

The eLearning Centre Orientation is designed to introduce you to online learning and to help you understand how to navigate through the de Souza Institute eLearning centre and courses. It is strongly recommended that you complete this orientation so that you will be able to successfully navigate de Souza's eLearning environment.

de Souza Institute Support

If you have questions about the content of a course please email your course facilitator.

If you need assistance accessing or navigating the eLearning Centre, please refer to the eLearning Orientation course. If you have questions or have any technical difficulties please contact <u>support@desouzainstitute.com</u>.

K. POLICIES AND PROCEDURES

Click the links below to read de Souza Institute's Academic Honesty and Copyright; and cancellation, incomplete and no show policies.

Academic Honesty and Copyright Policy

Cancellations, Incomplete and No Show Policy

A 50% refund will be provided to participants who drop the course within its first week (5 business days) of running. Individuals who drop the course after the 1st week will <u>not</u> receive a refund and will receive a failing mark in **My Account**.

Course content and resources provided in this course are based on best practice guidelines from provincial and national bodies. Please consult educators in your organization if you have specific questions related to local protocols and policies as they vary among healthcare organizations.